



Assessing and Managing Suicide Risk (AMSR)

Setting
Mental Healthcare Providers

Type of Program
Education & Training

NSSP Goals Addressed
6.0

Program Description

Assessing and Managing Suicide Risk (AMSR) is a one-day workshop for mental health professionals that will help them better assess suicide risk, plan treatment, and manage the ongoing care of at-risk clients. Features of AMSR training include:

- Pre-workshop reading materials.
- Over six hours of training, comprised of a mix of lecture and exercises.
- A 110-page participant manual, including a bibliography and other resources.
- A video presentation in eight segments, highlighting core competencies.
- Journaling throughout the day.
- Ample time for discussion.

The AMSR course was developed through a consensus process that included many leading clinician-researchers. Twenty-four core competencies for effectively assessing suicide risk, planning treatment, and managing the ongoing care of the at-risk patient or client were identified. The training was then organized to best meet the learning objectives. The final version of the curriculum was pilot tested to ensure it could be delivered in the time frame.

Program Objectives

After training, participants will have

1. Increased knowledge in the following core competencies: maintaining an effective attitude and approach, collecting accurate assessment information, formulating risk, developing a treatment and services plan, and managing care.
2. Increased willingness, confidence, and clarity in working with individuals at risk for suicide.
3. Increased ability to identify how they can better care for individuals at risk for suicide.

Implementation Essentials

- Training by an authorized AMSR trainer.

Contact Information

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Costs

Typical costs to train 100 professionals in a locally sponsored workshop range from \$65 - \$85 per participant. This includes all trainer costs, training materials, certificates of completion with CE credits, and the professional planning assistance you will receive from Training Institute staff members. Contact Xan Young for specific cost information.

*The content of practices listed in Section III (Adherence to Standards) of the SPRC/AFSP Best Practices Registry address specific goals of the *National Strategy for Suicide Prevention* and have been reviewed by a panel of three suicide prevention experts and found to meet standards of accuracy, safety, and programmatic guidelines. Practices were not reviewed for evidence of effectiveness. Additional information about the Best Practices Registry can be found at www.sprc.org.

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