



# Connect/Frameworks Suicide Prevention Program

Setting  
**Communities**

Type of Program  
**Education & Training**

NSSP Goals Addressed  
**Multiple**

## Program Description

Developed by NAMI New Hampshire, the *Frameworks Suicide Prevention Program* is a comprehensive, community-based approach to youth suicide prevention. Using a public health model, the program trains community members to play a critical role in suicide prevention. The program strives to strengthen the development of a community coalition of service providers, parents, and youth. The coalition is developed, trained, and supported to recognize youth at risk and connect those youth in an integrated, systematic and comprehensive way with help. *Connect/Frameworks* builds upon existing community resources and expertise and addresses system gaps that may exist between schools, hospitals, police, mental health and/or other services. This is accomplished by training professionals and others about their roles within their own settings, as well as about their role interacting with other providers. Emphasis is on coordination, communication, and connections between local resources, providers, citizens, and youth as well as reducing the stigma associated with suicide and help-seeking behavior.

The protocols found in *Connect/Frameworks* training were developed through statewide, interdisciplinary working groups that included a variety of stakeholders and experts. Protocols were then reviewed by a panel of national suicide prevention experts. Training activities and materials were developed by *Connect/Frameworks* staff based on the protocols and in consultation with experts in training and best practices in suicide prevention, and then tested and evaluated in a pilot community prior to implementation.

## Program Objectives

After training, participants in the *Connect/Frameworks* training should have:

1. Increased knowledge of the protocols and prevention skills including recognition of risk and protective factors, and warning signs of a person at risk for suicide.
2. Increased confidence in the use of the protocols.
3. Increased comfort level with suicide prevention and Postvention strategies.
4. Increased competence in dealing with suicide events.
5. Increased community capacity to provide an integrated response to suicide events.

## Implementation Essentials

- Training by two *Connect/Frameworks* trainers. (One day training is available for key professional provider groups and three day "train-the-trainer" is available for those in supervisory or training positions.)
- Technical support and consultation to community trainers and others coordinating prevention efforts.

## Contact Information

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## Costs

Specialized training for up to 20 participants is available for gatekeepers (community members) and professional service providers (as listed above) for \$1,600 (excluding travel) per trainer per day. Train the Trainer is \$6,000 (3 days). Customized training is available regarding working with media, impact of communication technology on suicide prevention/postvention, cultural aspects of suicide prevention. Consultation is available for \$160 per hour.

\*The content of practices listed in Section III (Adherence to Standards) of the SPRC/AFSP Best Practices Registry address specific goals of the *National Strategy for Suicide Prevention* and have been reviewed by a panel of three suicide prevention experts and found to meet standards of accuracy, safety, and programmatic guidelines. Practices were not reviewed for evidence of effectiveness. Additional information about the Best Practices Registry can be found at [www.sprc.org](http://www.sprc.org).

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