



EndingSuicide.com

Setting
Multiple

Type of Program
Education & Training

NSSP Goals Addressed
1.4, 6.3, 6.5

Program Description

Developed by mental health professionals and educators with funding from the National Institute of Mental Health, *EndingSuicide.com* is a group of online continuing education modules on suicide prevention for health professionals and school professionals. *EndingSuicide.com* has been shown to improve knowledge and attitudes toward suicide prevention in a wide range of professionals. Each of the 19 modules can stand alone, or be used with one or more of the others to create a custom continuing education curriculum. Continuing professional education credit is available for physicians, social workers, and certified counselors. Modules are also being taken for professional development by NJ teachers/educators as part of their mandated suicide prevention training. Modules range from the introductory-level materials for those without health training to more complex modules for practicing health professionals. All content has been peer reviewed, is free of commercial bias or support, has extensive references and resource sections, and advocates evidence-based practices.

EndingSuicide.com was developed using the Clinical Tools, Inc. Development Process, with Small Business Innovative Research (SBIR) funding from NIH/NIMH. Each module is based on a needs analysis, and includes educational objectives, need, goal, author bios, and disclosure information. Further, each module was peer reviewed by a content expert and a direct care provider. Each module includes built-in knowledge, attitude, and self-efficacy assessments.

Program Objectives

After training, participants will have:

1. Increased knowledge of suicide prevention;
2. Increased feelings of self-efficacy to deal with those who may be suicidal;
3. Increased positive attitudes towards intervention with those who may be suicidal;
4. Increased intention to intervene appropriately with those who may be suicidal.

Implementation Essentials

- *EndingSuicide.com* offers levels of training for a variety of professionals. Participants should access levels of training that correspond best with their level of experience and training needs.

Contact Information

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Costs

EndingSuicide.com is available for free at www.EndingSuicide.com. There is a small fee if continuing medical education (CME) credit is desired.

*The content of practices listed in Section III (Adherence to Standards) of the SPRC/AFSP Best Practices Registry address specific goals of the *National Strategy for Suicide Prevention* and have been reviewed by a panel of three suicide prevention experts and found to meet standards of accuracy, safety, and programmatic guidelines. Practices were not reviewed for evidence of effectiveness. Additional information about the Best Practices Registry can be found at www.sprc.org.

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