



# The Preventing Suicide in Colorado Initiative

presented by  
**Carol Breslau  
Effley Brooks  
Michelle Watson**

January 31, 2006

The Colorado Trust

1

---

---

---

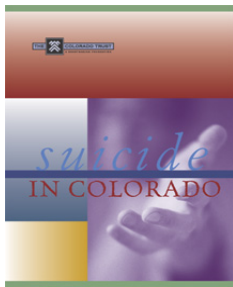
---

---

---

---

---



January 31, 2006

The Colorado Trust

2

---

---

---

---

---

---

---

---

## Suicide in Colorado: A Needs and Resource Assessment

- How big of a problem is suicide in Colorado?
- What are the dimensions of the problem?
- What are the available resources?
- What more can be done?

January 31, 2006

The Colorado Trust

3

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

- Community-based grantmaking
- \$2.5 million
- 3 years

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

### Vision

The Colorado Trust envisions a future in which the suicide rate in Colorado is zero

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

### Mission

The mission of the Preventing Suicide in Colorado Initiative is to create and support comprehensive suicide prevention and intervention strategies in Colorado communities

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

### Objectives

1. To enhance then ability of community organizations to encourage individuals at risk of suicide to seek care and to provide care to those individuals
2. To provide up to 10 community organizations with funding, technical assistance and guidance that promotes their capacity to implement effective suicide prevention programs in Colorado

January 31, 2006

The Colorado Trust

7

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

### Values

- The grantmaking strategy will be comprehensive and emphasize sustainability.
- The grantmaking strategy will target known suicide risk and protective factors.
- Effective interventions acknowledge that physical and mental health are interconnected.

January 31, 2006

The Colorado Trust

8

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative

### Values

- The social environment in which persons “at risk” live will be considered critical to a comprehensive strategy.
- Interventions will allow for variations in how communities view their suicide problem, the resources available to them and their preferred response to dealing with this problem.
- Strategies will support/augment the existing efforts of the Colorado Office of Suicide Prevention.

January 31, 2006

The Colorado Trust

9

---

---

---

---

---

---

---

---

# Preventing Suicide in Colorado Initiative

- Coordinating agency
- 10 grantees
- Planning and implementation grants
- Technical assistance
- Networking opportunities
- Initiative evaluation
- Communication strategy

January 31, 2006

The Colorado Trust

10

---

---

---

---

---

---

---

---

## Preventing Suicide in Colorado Initiative



January 31, 2006

The Colorado Trust

11

---

---

---

---

---

---

---

---

# Preventing Suicide in Colorado Initiative

## Planning Phase

- 3 -6 months
- \$5,000 grant
- Products:
  - 3 -year strategic plan
  - Program logic model
  - Budget

January 31, 2006

The Colorado Trust

12

---

---

---

---

---

---

---

---

Preventing Suicide in Colorado Initiative

Implementation phase

- Grants to implement strategic plan
- Technical assistance plans
- Program and organization specific technical assistance provided by the Coordinating Agency
- Networking opportunities

Seven horizontal lines for notes.

Preventing Suicide in Colorado Initiative

Initiative Evaluation

- To determine whether there is a decrease in suicide attempts and risk factors in the target communities
• To determine if increased capacity in grantee organizations leads to better initiative outcomes

Seven horizontal lines for notes.

Preventing Suicide in Colorado Initiative

Challenges

- Keeping collaborative partners engaged over time
- Willingness to accept new ideas
- Weave sustainability concepts throughout the life of the initiative

Seven horizontal lines for notes.

## Preventing Suicide in Colorado Initiative

- Initiative Hopes
  - Reduce suicide rates in Colorado
  - Replicable model for suicide prevention planning
  - Nurture idea that we are all in this together

January 31, 2006

The Colorado Trust

16

---

---

---

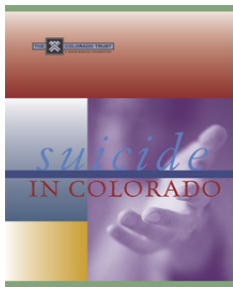
---

---

---

---

---



January 31, 2006

The Colorado Trust

17

---

---

---

---

---

---

---

---