

# The National Strategy for Suicide Prevention: A Public Health Approach

'Preventing Suicide in Regions VII and VIII,'  
Westminster, CO

Lloyd Potter



---

---

---

---

---

---

---

---

## SPRC Vision

Widespread implementation of the National Strategy for Suicide Prevention through informed and empowered Prevention Networks\*



---

---

---

---

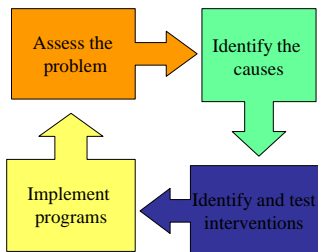
---

---

---

---

## Public Health Approach



---

---

---

---

---

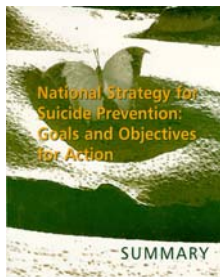
---

---

---

## National Strategy for Suicide Prevention

[www.mentalhealth.org/suicideprevention/](http://www.mentalhealth.org/suicideprevention/)



Provides guidance and suggests activities on suicide prevention



---

---

---

---

---

---

---

---

## Injury Prevention Elements

- Surveillance
- Regulation and legislation
- Research
- **State and local programs**
- Public support



Reducing the Burden of Injury, IOM, 1999



---

---

---

---

---

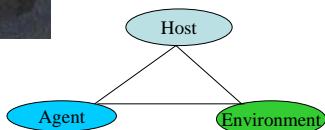
---

---

---



Where the rubber meets the road



Home, School, Work, Community



---

---

---

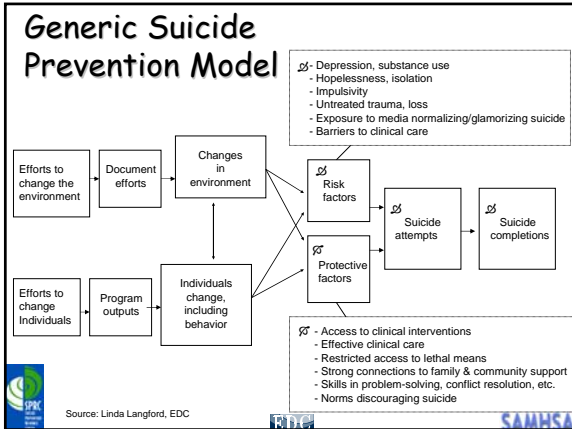
---

---

---

---

---




---

---

---

---

---

---

---

---




---

---

---

---

---

---

---

---

- ## KEY COMPONENTS: Suicide Prevention Program
- SUICIDE PREVENTION COORDINATOR
  - FUNDING
  - ADVOCACY
  - NEEDS ASSESSMENT
  - DATA IMPROVEMENT
  - INTERVENTION PLAN
  - SUPPORT AND GUIDANCE FOR LOCAL PROGRAMS
  - EVALUATION
  - COLLABORATION

---

---

---

---

---

---

---

---

## Building state capacity and proficiency

- Data collection and analysis
- Training
- Regional networks/planning
- Modeling/integration
- National support



---

---

---

---

---

---

---

---

## Training



- Assess training needs
- Promote development and delivery of training:
  - Data
  - Advocacy/Coalition building
  - Planning
  - Program implementation
  - Evaluation
  - Funding



---

---

---

---

---

---

---

---

## Regional Networks



- Training
- Planning
- Peer pressure
- Regional projects



---

---

---

---

---

---

---

---

## Integration

- Schools
- Faith community
- Community programs
- Acute/Primary Care
- Mental health
- Rehabilitation





---

---

---

---

---

---

---

---

## Challenges and Opportunities

- Coordination and Collaboration
- Strengthening Capacity for Research and Practice
- Integrating the Field
- Nurturing Public Support
- Promoting Informed Policy Making




Reducing the Burden of Injury, IOM, 1999





---

---

---

---

---

---



---

---

## Contact SPRC

Phone: 877-GET-SPRC (438-7772)  
 TTY: 617-964-5448  
 Web: [www.sprc.org](http://www.sprc.org)  
 Email: [info@sprc.org](mailto:info@sprc.org)

Mail: Suicide Prevention Resource Center  
 55 Chapel Street  
 Newton, MA 02158-1060


---

---

---

---

---

---

---

---