

A Cultural Shift: Changing Perceptions and Attitudes about Mental Health and Suicide

Selected Resources / Research

1. Corrigan, Patrick W, ed. *On the Stigma of Mental Illness: Practical Strategies for Research and Social Change*. Washington, DC: American Psychological Association; 2005.
2. Gladwell, Malcolm. *The Tipping Point: How Little Things Can Make a Big Difference*. New York, NY: Back Bay Books/Little, Brown, and Company; 2002.
3. Knox KL, Conwell Y, Caine, ED. If Suicide is a Public Health Problem, What are we doing to prevent it?". *American Journal of Public Health*. 2004; 94(1): 37-45.
4. "Men Get Depression" Campaign: <http://www.mengetdepression.com/>
5. "Real Men, Real Depression" Campaign- National Institute of Mental Health: <http://www.nimh.nih.gov/health/topics/depression/men-and-depression/index.shtml>
6. Rochlen AB, McKelley RA, Pituch KA. A Preliminary Examination of the "Real Men. Real Depression" Campaign. *Psychology of Men & Masculinity*. 2006; 7(1): 1-13.
7. Westefeld JS, Homaifar B, Spotts J, et al. Perceptions Concerning College Student Suicide: Data from Four Universities. *Suicide and Life-Threatening Behavior*. 2005; 35(6): 640-645.