

Evaluation Q & A

Garrett Lee Smith Memorial Act

College Grantee T.A.

January 8-10, 2007

Linda Langford, ScD

Suicide Prevention Resource Center

Philip Rodgers, PhD

**American Foundation for Suicide
Prevention**



SPRC
SUICIDE PREVENTION RESOURCE CENTER

If you are in crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK [Read more](#)

This Month Don't Miss...

SPRC launches a redesigned website
The Suicide Prevention Resource Center is pleased to announce that we have upgraded our website www.sprc.org. The site has a new look and improved navigation to make it easier for you to find the information you need. All of the rich content that you are accustomed to using has been re-organized into new categories: About SPRC, Suicide Prevention Basics, Featured Resources, State Information, Taking Action, and News. A Quick Links box immediately connects you to the calendar, the online library, evidence-based practices, and more. If your site links to ours, you may need to update your links.

The site is updated each week with news summaries, funding opportunities and research highlights. Materials are added to the online library on an ongoing basis. As we develop new publications and materials, we post them to the site and highlight them on the front page. In the coming weeks, many new items will be added, including additional Customized Information pages.

Please take a few minutes to explore the site and let us know what you think. We welcome your comments and suggestions at info@sprc.org.

SPRC announces the sixth installment in the Discussion Series
Rich Paul from ValueOptions will present "A Workplace Strategy for Preventing Suicide" on October 20, 2005. [Read more...](#)

SAMHSA Awards States, Campuses and SPRC Suicide Prevention Grants
The Substance Abuse and Mental Health Services Administration (SAMHSA) announced 37 grants with a first year total of \$9.7 million to support national suicide prevention efforts. [Read more...](#)

Hurricane Information and Resources
[Hurricane Aftermath Resources](#), a list compiled by the Suicide Prevention Resource Center

[Hurricane and Other Disaster Relief Information](#), from SAMHSA's National Mental Health Information Center

[Special Disasters Resoure Section](#), from the National Suicide Prevention Lifeline

More of "This Month Don't Miss"....

Customized Information
Select Your Role

Quick Links
Calendar of events
Data
Evidence-based practices
Online library
Pressroom
Youth

About SPRC
Suicide Prevention Basics
Featured Resources
State Information
Taking Action
News

Go **Additional Search**
Options

Email This Page
 Contact Us

**Sign-up for
the "SPARK"
weekly email
newsletter**

What can we do to prevent suicide?
#7. Be patient.



H. L. Mencken

***For every complex
problem, there is a
simple solution***

--that is wrong.

Suicide is an outcome that requires several things to go wrong all at once.

Biological Factors

- Familial Risk
- Serotonergic Function
- Neurochemical Regulators
- Demographics
- Pathophysiology

Predisposing Factors

- Major Psychiatric Syndromes
- Substance Use/Abuse
- Personality Profile
- Abuse Syndromes
- Severe Medical/Neurological Illness

Proximal Factors

- Hopelessness
- Intoxication
- Impulsiveness Aggressiveness
- Negative Expectancy
- Severe Chronic Pain

Immediate Triggers

- Public Humiliation Shame
- Access To Weapons
- Severe Defeat
- Major Loss
- Worsening Prognosis



So, how do we measure program success?

Gatekeeper Training Logic Model

