

## PRIMARY CARE RESOURCES

### TOOLKITS & SCREENING TOOLS

#### **SPRC/WICHE Suicide Prevention Toolkit for Rural Primary Care**

This web-based toolkit contains information and tools to implement state of the art suicide prevention practices and overcome the significant hurdles this life-saving work faces in primary care practices. Free toolkit materials are available for download at the SPRC website.

Website: <http://www.sprc.org/pctoolkit/index.asp>

#### **TeenScreen-Primary Care**

TeenScreen Primary Care offers free support to health professionals working to implement an annual mental health screening for adolescent patients. Includes free implementation materials including medical coding and other reimbursement tools for provider offices.

Website: <http://www.teenscreen.org/programs/primary-care>

#### **The MacArthur Initiative on Depression and Primary Care**

The mission of the MacArthur Initiative on Depression and Primary Care is to enhance the ability of primary care clinicians to recognize and manage depression. Free, downloadable resources include screening tools, treatment guidelines, and practice management resources.

Website: <http://www.depression-primarycare.org/clinicians/>

#### **Patient Health Questionnaire (PHQ-9)**

A tool for assisting primary care clinicians in diagnosing depression as well as selecting and monitoring treatment, developed by the MacArthur Initiative on Depression and Primary Care. Website:

<http://www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/>

### TRAININGS

#### **Recognizing and Responding to Suicide Risk in Primary Care (RRSR-PC)**

RRSR-PC is as a one-hour training program that provides Physicians, Nurses/Nurse Practitioners, and Physicians Assistants with the knowledge they need in order to integrate suicide risk assessments into routine office visits, to formulate relative risk, and to work collaboratively with patients to create treatment plans.

Website: <http://www.suicidology.org/web/guest/education-and-training/rrsr-pc>

#### **Connect for Primary Care and Medical Providers**

Suicide prevention and intervention training for primary care/medical providers: recognizing individuals at risk, connecting with them and connecting them to help.

Website: <http://www.theconnectproject.org/uploads/docs/PRE-Primary-MedicalProviders.pdf>

### LOCAL RESOURCES

Resources developed by grantees for Primary Care (Iowa, Montana, Pennsylvania, and others) can be viewed and downloaded at the State and Tribal Private Pages: <http://state-tribal-grantees.sprc.org/>.