



Safety planning guide: A quick guide for clinicians

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Information

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See This Resource

[Safety Planning Guide: A Quick Guide for Clinicians](#) [1]

This quick guide for clinicians may be used to develop a safety plan - a prioritized written list of coping strategies and sources of support to be used by patients who have been assessed to be at high risk for suicide.

The authors strongly recommend that the guide be used after reviewing the [Safety plan treatment manual to reduce suicide risk](#) [2]. You can learn more about safety planning through the authors' [Safety Planning website](#) [3]

Links within this resource

[1] <http://www.sprc.org/sites/sprc.org/files/SafetyPlanningGuide%20Quick%20Guide%20for%20Clinicians.pdf>

[2] <http://www.sprc.org/resources-programs/safety-plan-treatment-manual-reduce-suicide-risk-veteran-version>



Suicide Prevention Resource Center

[3] http://suicidesafetyplan.com/Home_Page.html

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