PREPaRE School Crisis Prevention and Intervention Training Curriculum (2nd Edition)

Date: 2014 (For resources, this is the publication date. For programs, this is the date posted.)

Information
Type: Program/Practice, Education/Training Program
Organization: National Association of School Psychologists
Costs:
Workshop 1 (one-day training) fees: $1500 per day per trainer + $35 per participant materials fee.

Workshop 2 (two-day training) fees: $1500 per day per trainer (2 days=$3000) + $45 per participant materials fee.

Note: PREPaRE authors are $1500 per day per trainer; "local" PREPaRE trainers (non-authors) set their own training fees.

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The PREPaRE School Crisis Prevention and Intervention Training Curriculum (2nd Edition), developed by the National Association of School Psychologists, consists of two complementary workshops. Workshop 1 is designed to help schools create systems to meet the safety and crisis prevention and preparedness needs of students, staff, and families. Workshop 2 focuses on mental health crisis intervention and recovery. The curriculum builds on existing personnel, resources, and programs; links to ongoing school safety efforts; facilitates sustainability; addresses a range of crises (including suicide); and can be adapted to each school's size and needs.

PREPaRE has three primary goals:

1. Build school safety and crisis management capacity at the local level;
2. Improve schools' attention to mental health as key to prevention and recovery; and
3. Facilitate effective collaboration among school and community professionals by providing a common framework
and language.

While PREPaRE is not itself a suicide prevention program, it does provide the type of training all schools should have prior to the implementation of suicide prevention programs.

**Program Objectives**

PREPaRE Workshop 1 Participants will be able to take on the following responsibilities:

1. Participate more effectively on a school safety and crisis team;
2. Understand and help facilitate the major functions of the Incident Command System;
3. Help organize crisis planning and services within the four phases of crisis management (Prevention, Mitigation, Response and Recovery);
4. Provide guidance on developing effective crisis plans;
5. Improve ongoing prevention and early intervention efforts to promote psychological safety, including suicide risk assessment and supports;
6. Improve understanding and increase emphasis on psychological safety in all four phases of crisis management;
7. Distinguish between the purposes of a crisis team response plan and the school staff response plan, including critical components specific to each;
8. Provide staff development related to crisis prevention (e.g., signs/symptoms of students at risk for harming themselves or others) and crisis intervention (e.g., lockdown drills);
9. Support ongoing evaluation of crisis prevention and preparedness efforts; and
10. Integrate ongoing school safety crisis planning into multi-tiered systems of support.

PREPaRE Workshop 2 Participants will be able to take on the following responsibilities:

1. Improve awareness of and attention to promoting students’ psychological safety in the aftermath of a crisis;
2. Identify variables that determine the number of individuals likely to have been traumatized by a given crisis event, including death by suicide;
3. Identify how school crisis intervention and recovery fit into the multidisciplinary National Incident Management System's Incident Command System (NIMS/ICS) school crisis response;
4. Understand the triage variables that predict for psychological trauma;
5. Match the degree of psychological trauma risk to the appropriate school crisis interventions;
6. Provide staff development and guidance on supporting traumatized students in the classroom, including recognizing and referring students who may be at risk for self-harm;
7. Provide guidance on appropriate memorial activities, including special consideration for suicide deaths; and
8. Help school leaders support school staff in their caregiver role in the aftermath of a crisis, including recognizing staff members who may be at risk for extreme stress or suicide.

**Implementation Essentials**

- **PREPaRE** Workshops should only be led by trainers approved by the National Association of School Psychologists (NASP). There is a list of approved trainers on the NASP website at [http://www.nasponline.org/prepare/local-trainers.aspx](http://www.nasponline.org/prepare/local-trainers.aspx) [3].
2012 NSSP Objectives Addressed:

Objective 5.2: Encourage community-based settings to implement effective programs and provide education that promote wellness and prevent suicide and related behaviors.

   Populations:  Youth,  Children Ages 12 and Younger,  Adolescents

   Settings:  Schools,  Middle School,  High School

   Planning and Implementing:  Strategic Planning

   Strategies:  Respond to Crisis

Links within this resource

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