Recognizing and Responding to Suicide Risk in Primary Care (RRSR—PC)

Date: 2010 (For resources, this is the publication date. For programs, this is the date posted.)

Information
Type: Program/Practice, Education/Training Program
Organization: American Association of Suicidology
Costs: The base RRSR-PC training fee is approximately $4,500 for an in-person delivery. For a webcast delivery, the training cost is approximately $3,500. An in-person delivery can accommodate up to 100 participants, and a webcast delivery can accommodate up to 200 participants. Training of trainers is available and may represent a sizable cost savings if multiple trainings are desired. Email info@suicidology.org [1] or call 202-237-2280 for more information.

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Recognizing and Responding to Suicide Risk in Primary Care (RRSR—PC) is a one-hour facilitated training for primary care physicians, physician assistants, and others who work in primary care settings. The training will help them better identify, manage, and treat adult patients who are at risk for suicide. Training is deliverable face-to-face or by webinar.

Features of RRSR—PC training include:

- One-hour PowerPoint presentation
- Video vignettes demonstrating suicide risk assessment and management skills
- Suicide Risk Assessment & Triage Pocket Card
- Seven resource sheet handouts

RRSR—PC training was developed by a collaborative task force composed of suicidologists and primary care practitioners. Suicidologists and primary care professionals crafted the presentation content and created the pocket card and resource sheets. Focus groups with primary care physicians, physician assistants, and nurses informed the training structure. The training was pilot tested and corresponding improvements made. An adolescent version
featuring video vignettes of teens in primary care settings is also available.

**Program Objectives**

After training, participants will be able to:

1. Understand why and how routine suicide risk screening can be incorporated into routine medical visits.
2. Understand what constitutes appropriate risk management strategies and crisis response planning.
4. Have increased confidence in initiating and discussing the topic of suicide with their patients.
5. Understand how to use algorithms and decision-making tools to identify a patient at risk for suicide.
6. Apply principles of crisis management to appropriately triage a primary care patient at risk for suicide.
7. Deliver brief interventions to manage a primary care patient at risk for suicide.

**Implementation Essentials**

- Training must be conducted by an authorized RRSR—PC trainer.

**2012 NSSP Objectives Addressed:**

Objective 7.2: Provide training to mental health and substance abuse providers on the recognition, assessment, and management of at-risk behavior, and the delivery of effective clinical care for people with suicide risk.

**Links within this resource**

[1] mailto:info@suicidology.org
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