QPRT Suicide Risk Assessment and Management Training

Date: 2010 (For resources, this is the publication date. For programs, this is the date posted.)

Information

Type: Program/Practice, Education/Training Program
Organization: QPR Institute
Costs: Costs vary depending on the type of training. Three options exist: (1) in-person training, (2) online training, and (3) training of trainers. Group discounts may also be available. Visit www.qprinstitute.com [1] or contact Paul Quinnett for more information.

Contact

Paul Quinnett, Ph.D.
President and CEO
QPR Institute
P.O. Box 2867
Spokane, WA 99220
Voice: 888-726-7926
Fax: 509-536-5400
Email: qinstitute@qwest.net [2]
Website: www.qprinstitute.com [1]

The QPRT Suicide Risk Assessment and Management Training Program is designed to reduce mental health consumer morbidity and mortality by standardizing the detection, assessment, and management of patients at elevated risk for suicidal behaviors in all settings and across the age span. The QPRT suicide risk assessment protocols are guided clinical interviews developed through expert opinion and anchored in the scientific literature on suicide risk assessment. Protocol questions produce a standardized suicide risk assessment that includes documentation of risk and protective factors, current suicidal ideation, desire, intent, planning, past attempts and other self-report of suicide capability. Third-party input to the final risk assessment is encouraged, and the pediatric version of the program includes a family-centric interview protocol. A collaborative crisis management, monitoring, and safety plan (based on data gathered from the QPRT protocol by a trained practitioner) is integrated into the medical record and treatment and/or referral plan.

The QPRT Suicide Risk Assessment and Management Training Program was developed by a multidisciplinary team of psychiatrists, psychologists, nurses, and mental health therapists at Spokane Mental Health, Spokane, Washington, in response to fatality review reports indicating that a lack of standardized suicide risk assessment may have contributed to preventable patient deaths. Beta testing of expert opinion protocol questions were solicited from members of the American Association of Suicidology and vetted by external records review.

Program Objectives
At the end of the training, QPRT participants will have increased:

2. Ability to document suicide risk assessment and clinical decision making.
3. Skills to conduct a suicide risk assessment.
4. Ability to produce a standardized suicide risk assessment.

Implementation Essentials

- Training must be conducted by a certified QPRT trainer.

2012 NSSP Objectives Addressed:

Objective 7.2: Provide training to mental health and substance abuse providers on the recognition, assessment, and management of at-risk behavior, and the delivery of effective clinical care for people with suicide risk.

- Populations: Adults, Young Adults Ages 18 to 25 Years, Adults Ages 26 to 55 Years, Older Adults, Youth, Children Ages 12 and Younger, Adolescents
- Settings: Behavioral Health Care, Outpatient Mental Health
- Strategies: Identify and Assist, Effective Care/Treatment

Links within this resource
[2] mailto:qinstitute@qwest.net