



GUAM: Suicide Prevention Training Focuses on Intervention

July 15, 2016

News Type: Weekly Spark, Weekly Spark News
State: Guam

[KUAM News](#) [1]

The Guam Behavioral Health and Wellness Center is offering a month-long series of workshops to train community members in suicide prevention. Training topics include suicide intervention, strategies for dealing with stress and depression, and skills for coping with suicide loss. Suicide Prevention Specialist Michelle Sasamoto said that the Center has trained nearly 3,000 individuals, who “act as helpers in the community” using the skills, tools, and resources that they learn in the workshops. Starting in the fall of 2016, the Center will also be introducing “Lifelines: A Suicide Prevention Program” into the Guam public school system.

Spark Extra! Learn more about [suicide prevention in communities](#) [2].

Links within this resource

[1] <http://www.kuam.com/story/32378507/2016/07/05/suicide-prevention-training-focuses-on-intervention>

[2] <http://www.sprc.org/settings/communities>

Printed on 10/15/2019 from <http://www.sprc.org/news/guam-suicide-prevention-training-focuses-intervention>

The Suicide Prevention Resource Center at EDC is supported by a grant from the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), under Grant No. 5U79SM062297.

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