Effective Suicide Prevention

Video:

This four-minute video provides a brief overview of SPRC’s Effective Suicide Prevention Model [1], which can help you carry out suicide prevention efforts that are most likely to be effective. It will guide you through the three elements of the model—Strategic Planning [2], Keys to Success [3], and the Comprehensive Approach [4]. As described in the model, effective suicide prevention efforts should:

- Help you understand the suicide problem in your community or setting, set clear goals, and prioritize actions that are most likely to make a difference, using a strategic planning [2] process.
- Use a number of guiding principles, or keys to success [3].
- Combine multiple efforts that work in sync to create change rather than relying on standalone programs to do so. See SPRC’s comprehensive approach to suicide prevention [4].

Recommended Resources

A Strategic Planning Approach to Suicide Prevention [5]

This free online course will teach you how to apply a strategic planning approach to your suicide prevention efforts.
Getting Comprehensive in Our Suicide Prevention Efforts

Just one program isn’t enough—it takes multiple strategies working together to reduce despair and death in our states, communities, workplaces, health care systems, and schools.

Transforming communities: Key elements for the implementation of comprehensive community-based suicide prevention

Developed by the Action Alliance, this resource presents seven key elements that should guide program planning and implementation. It is being...