



Suicide Prevention Month: Ideas for Action

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See This Resource

[Suicide Prevention Month Ideas for Action 2019 \(163.56 KB\)](#) [1]

This two-page resource offers information to help anyone, anywhere get involved in Suicide Prevention Month in September. It includes tips on how to take action to help prevent suicide in your community, such as learning about effective suicide prevention, sharing stories of hope, and empowering everyone to be there for those in distress.

Links within this resource

[1] <http://www.sprc.org/sites/default/files/resource-program/SPMIdeas4Action2019.pdf>

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Suicide Prevention Resource Center

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