



CANADA: OPP Announces Review, Enhancement to Mental Health Strategy Following Member Suicides

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[Global News](#) [1]

The Ontario Provincial Police (OPP) plans to review and improve the mental health support it provides to staff. Following the suicide deaths of three members, the force will roll out a three-part approach to addressing mental health issues. This approach includes enhancing the force's existing mental health strategy, examining the mental health needs of members, and evaluating the opportunities and barriers to accessing mental health care. Police Commissioner J.V.N Hawkes encouraged members to reach out for help if they are having a hard time. "My plea is simple, if you or someone you know is struggling, whether it's an operational stress injury, a mental health illness, or if you're just not yourself, I urge you to come forward to seek support and if you're in a crisis, please get immediate, emergency medical help," he said.

Spark Extra! Learn more about [suicide prevention in law enforcement](#) [2].

Links within this resource

[1] <https://globalnews.ca/news/4418176/opp-mental-health-awareness/>

[2] <http://www.sprc.org/settings/law-enforcement>

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