



These Jobs Have Highest Suicide Rates in the United States, According to the CDC

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News Type: Weekly Spark, Weekly Spark News

[CNN](#) [1]

According to a new federal report, men who work in construction and extraction have the highest suicide rates of any occupational group. The report comes from the Centers for Disease Control and Prevention (CDC), which examined suicide rates by occupational group using data from 17 states. Among women, suicide rates were highest in the arts, design, entertainment, sports, and media fields. The suicide rate among working-age adults of both sexes increased 34 percent between 2000 and 2016. "Because many adults spend a substantial amount of their time at work, the workplace is an important but underutilized location for suicide prevention," the authors wrote. They recommended a comprehensive approach to suicide prevention that includes expanding access to treatment, strengthening economic supports, promoting social connectedness, and encouraging people who are struggling to reach out for help.

Spark Extra! Read the [full report](#) [2].

Populations: Women, Men, People in Particular Occupations

Settings: Workplaces

About Suicide: Data and Statistics

Links within this resource

[1] <https://www.cnn.com/2018/11/15/health/occupational-suicide-rate-cdc-study/index.html>

[2] https://www.cdc.gov/mmwr/volumes/67/wr/mm6745a1.htm?s_cid=mm6745a1_w

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