



Faith Leaders' Guide to Self-Care after a Suicide

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Information

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See This Resource

[Self-care for faith leaders](#) [1]

When someone dies by suicide, faith leaders are often called upon to provide care and support to family members, friends and others in the community. As a result faith leaders may experience unique stressors and challenges that affect their own well-being. This video highlights the importance of self-care among faith leaders and shares guidance on what faith leaders can do to care for themselves after a suicide.

Links within this resource

[1] <https://theactionalliance.org/faith-hope-life/take-action/provide-care-and-comfort>

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