



COLORADO: Mental Health Care in Colorado Has Gone Virtual Thanks to Coronavirus. For Some Patients, It's Long Overdue.

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State: Colorado

[The Colorado Sun](#) [1]

Colorado mental health providers are adapting to meet changing needs during COVID-19. Following guidance from state and federal agencies, mental health professionals can receive temporary insurance reimbursement for telehealth appointments. In response, many have moved their in-person therapy sessions online, meeting with clients via phone or computer. The state's 17 community mental health centers offer both in-person and telehealth appointments, and also do outreach to families who are experiencing gaps in care due to school closures. Vincent Atchity, president and CEO of Mental Health Colorado, encouraged people to get themselves and their loved ones needed care right away. "The greatest urgency is with somebody who is seriously mentally ill and requires that ongoing continuity of therapy and medication to remain stable. It should be the same level of urgency you would have if you don't want a diabetic to run out of insulin."

Spark Extra! Find [resources](#) [2] to support mental health during COVID-19.

Links within this resource

[1] <https://coloradosun.com/2020/03/30/mental-health-during-coronavirus-outbreak/>

[2] <http://www.sprc.org/covid19>

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