

In the United States suicide claims the lives of more people than homicide and HIV combined.¹ In addition, 1 million adults attempt suicide every year.² Suicide touches everyone—all ages and backgrounds, all racial and ethnic groups, in all parts of the country. And the emotional toll on those left behind endures long after the event.³



“With the assistance of SPRC, we are developing training resources for rural communities. We’ll be able to measure improved training outcomes, increased awareness, skill development, and use of community resources.”

—Coordinator, state suicide prevention coalition



Suicide is preventable

There is help—and hope—when individuals, organizations, and communities join forces to address suicide as a preventable public health problem.

Over the past 20 years, suicides among youth have declined by 40% and among older adults by 33%.⁴ Using the public health approach, we can reduce the suicide toll for all age groups.⁵

By drawing on research and implementing effective interventions, **we can save lives.**

Suicide prevention requires the continued and combined efforts of many people and organizations. **That’s where SPRC comes in.**

What is the Suicide Prevention Resource Center (SPRC)?

SPRC is the nation’s only federally supported resource center devoted to advancing the *National Strategy for Suicide Prevention*.

SPRC provides suicide prevention support, training, and materials to increase knowledge, build capacity, and promote collaboration. We can help you TAKE ACTION to SAVE LIVES and bring help and hope to those you serve.

SPRC serves individuals, groups, and organizations that play important roles in suicide prevention.

- > State and community suicide prevention organizations and coalitions, including recipients of grants to reduce youth suicide
- > Health care providers serving individuals at risk of suicide
- > Organizations serving populations with high suicide rates (e.g., older adults, youth in foster care, military personnel and veterans)
- > Members of the National Action Alliance for Suicide Prevention, the public-private partnership dedicated to advancing the *National Strategy for Suicide Prevention*

We also work with researchers, policymakers, public health professionals, suicide loss survivors, mental health consumer groups, and national and federal agencies and organizations.

How SPRC can help you

Best Practices Registry: Learn about best practices in suicide prevention.

E-newsletter and social media: Get news, funding and research updates, and announcements through our e-mail newsletter *The Weekly Spark*. Visit us on Facebook and follow us on Twitter.

Library: Search our extensive online collection of manuals, reports, and articles on suicide prevention.

Technical assistance: Get the help and the tools research shows can work with your audience.

Training institute: Learn how to help the people you serve and put effective programs in place.

Website: Get up-to-date information and a variety of suicide prevention tools and resources, including products tailored for health care providers; educators; consumers; community organizations; and SAMHSA grantees (campuses, states, and tribes). Visit www.sprc.org.

“We were provided a small amount of funds to reach out to healthcare providers, but we didn’t know which part of the system to focus on. SPRC provided us with evidence, expert opinion, and a list of questions to consider as we identified the best approach to take.” —SAMHSA youth suicide prevention grantee

BUILDING Partnerships



Building partnerships for suicide prevention

SPRC advances the *National Strategy for Suicide Prevention* by bringing together the individuals, groups, agencies, and organizations necessary to tackle the complex problem of suicide. Examples:

The National Action Alliance for Suicide Prevention: In 2010, leaders from the private and public sectors took a major step forward by creating this public-private partnership to advance the *National Strategy for Suicide Prevention*. SPRC provides organizational support to this important national initiative. See www.actionallianceforsuicideprevention.org

Provider Initiatives: SPRC brings together health care providers, care systems, researchers, and policy experts to develop and implement policies and form partnerships that will strengthen their capacity to prevent suicide among the people they serve.



Suicide Prevention Resource Center
Education Development Center, Inc.
1025 Thomas Jefferson Street, NW
Suite 700
Washington, DC 20007

Suicide Prevention Resource Center

To learn more about how SPRC can help your organization save lives and prevent suicide:

Call our Resource Center: 877.GET.SPRC (438-7772)
TTY: 617.964.5448
E-mail us: info@sprc.org
Fax us: 617.969.9186
Visit our website: www.sprc.org

 www.twitter.com/sprctweets

 www.facebook.com/SuicidePreventionResourceCenter

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Notes:

1. CDC. Leading Causes of Death 1999–2007. Retrieved from: <http://webappa.cdc.gov/sasweb/ncipc/leadcaus10.html>
2. SAMHSA. Results from the 2009 national survey on drug use and health: Mental health findings. Retrieved from: www.oas.samhsa.gov/NSDUH/2k9NSDUH/MH/2K9MHRResults.pdf
3. Cerel, J, Jordan, J, Duberstein, P. (2008) The Impact of Suicide on the Family. *Crisis*: Vol. 29(1): 38–44.
4. CDC. Fatal Injury Reports 1981–1998 & 1999–2007. Retrieved from: www.cdc.gov/injury/wisqars/fatal.html
5. U.S. Public Health Service. National Strategy for Suicide Prevention: Goals and Objectives for Action. 2001. <http://store.samhsa.gov/shin/content/SMA01-3517.pdf>



SPRC IS NOT A CRISIS CENTER. If you are having thoughts of suicide, or if you are concerned that a friend or family member may be at risk for suicide, call the National Suicide Prevention Lifeline at **800.273.TALK (8255)**.

