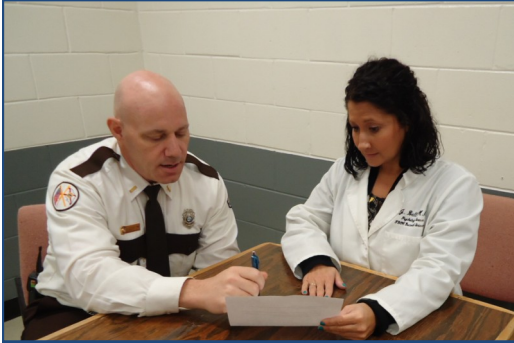




# Suicide Prevention Resources for Adult Corrections



This sheet lists written materials, trainings, organizations, and websites that contain information on suicide prevention in adult correctional facilities. It can be used with the Suicide Prevention Resource Center's information sheet *[The Role of Adult Correctional Officers in Preventing Suicide](#)*. It has resources for correctional officers, administrators, and health and mental health care providers in adult correctional facilities, as well as for suicide prevention professionals interested in working with adult correctional facilities.

## Materials and Trainings

### Basics and Beyond: Suicide Prevention in Jails

<http://nicic.gov/Library/026251>

Alison Leukefeld & Jaime Brower for U.S. Department of Justice (2012).

This training covers basic information about suicide and suicide risk and prevention. It also outlines the components of a suicide prevention program, staff training, correctional techniques, and emergency response. A video can be ordered to go with the PowerPoint presentation.

### Guide to Developing and Revising Suicide Prevention Protocols within Jails and Prisons

<http://www.ncianet.org/services/suicide-prevention-in-custody/publications/guide-to-developing-and-revising-suicide-prevention-protocols-within-jails-and-prisons/>

Lindsay M. Hayes, National Center on Institutions and Alternatives (2011).

This guide covers the following topics: staff training, identification/referral/evaluation, communication, housing, observation/management, intervention, reporting, and follow-up/mortality-morbidity review.

### Guiding Principles to Suicide Prevention in Correctional Facilities

<http://www.ncianet.org/services/suicide-prevention-in-custody/publications/guiding-principles-to-suicide-prevention-in-correctional-facilities/>

Lindsay M. Hayes, National Center on Institutions and Alternatives (2011).

This sheet describes 16 principles for suicide prevention in correctional facilities.

### National Suicide Prevention Lifeline 1-800-273-TALK (8255)

The Lifeline is a 24-hour toll-free phone line for people in suicidal crisis or emotional distress. An online chat option is available at <http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>

## **Jail/Custody Suicide: A Compendium of Suicide Prevention Standards and Resources**

[http://www.suicidology.org/c/document\\_library/get\\_file?folderId=231&name=DLFE-107.pdf](http://www.suicidology.org/c/document_library/get_file?folderId=231&name=DLFE-107.pdf)

David B. Kennedy & Richard McKeon (Eds.), Jail Suicide Task Force, American Association of Suicidology (2003). This report reviews various operational standards designed to prevent suicide in U.S. detention and custody facilities.

## **Mortality in Local Jails and State Prisons, 2000–2011 - Statistical Tables**

<http://www.bjs.gov/content/pub/pdf/mljsp0011.pdf>

U.S. Department of Justice (DOJ), Bureau of Justice Statistics. (2013).

This sheet presents data on the mortality rates from the most common causes of death, including suicide, in local jails and state prisons across the United States. It includes a description of the data along with the statistical tables.

## **National Study of Jail Suicide: 20 Years Later**

<http://static.nicic.gov/Library/024308.pdf>

Lindsay M. Hayes, National Center on Institutions and Alternatives and National Institute of Corrections (2010). This report presents the findings from a national study on jail suicide, including the extent and distribution of inmate suicides in local jails and descriptive data on the demographic characteristics of each victim, the incident, and the jail facility that sustained the suicide. The study is a follow-up to a similar survey conducted by the National Center for Institutions and Alternatives in 1986 and compares the results to those in the earlier study. The report also provides recommendations for comprehensive suicide prevention programming, staff training, and future research.

## **QPR for Corrections**

[http://courses.qprinstitute.com/index.php?option=com\\_zoo&task=item&item\\_id=10&Itemid=739](http://courses.qprinstitute.com/index.php?option=com_zoo&task=item&item_id=10&Itemid=739)

QPR Institute (2010).

This online course covers knowledge and skills that correctional professionals need to recognize and respond to people who may be suicidal or have attempted suicide, to help the family and friends of individuals who have just died by suicide, and to assist colleagues who may be suicidal. If participants complete the first two hours of the course, they earn the QPR Gatekeeper for Suicide Prevention Certificate. If they complete the entire course (six to eight hours), they earn the Corrections Officer Certificate in Suicide Prevention.

## **Preventing Suicide in Jails and Prisons**

[http://www.who.int/mental\\_health/prevention/suicide/resource\\_jails\\_prisons.pdf](http://www.who.int/mental_health/prevention/suicide/resource_jails_prisons.pdf)

World Health Organization (2007).

This guide provides information about suicide risk in correctional settings and identifies key components that can be used as part of a comprehensive suicide prevention program.

### **Suicide Prevention in Correctional Facilities: Reflections and Next Steps**

<http://www.ncianet.org/suicide-prevention-in-correctional-facilities-reflections-and-next-steps/>

Lindsay M. Hayes, National Center on Institutions and Alternatives (2013).

In this article published in the *International Journal of Law and Psychiatry*, Hayes discusses how suicides in correctional facilities can be prevented when a comprehensive array of programming identifies suicidal inmates who are difficult to identify as well as ensuring their safety on suicide precautions and providing continuity of care throughout confinement.

### **Suicide Warning Signs (wallet card)**

<http://www.suicidepreventionlifeline.org/getinvolved/materials.aspx>

National Suicide Prevention Lifeline (2011).

This wallet-sized card contains the warning signs for suicide and the toll-free number of the National Suicide Prevention Lifeline.

### **The Role of Adult Correctional Officers in Preventing Suicide**

<http://www.sprc.org/sites/sprc.org/files/CorrectionOfficers.pdf>

Suicide Prevention Resource Center (2014).

This information sheet provides basic information to help correctional officers in facilities for adults recognize and respond to inmates who may be suicidal or at high risk.

## **Organizations and Websites**

### **American Correctional Association (ACA)**

<http://www.aca.org/home2.asp>

This organization serves all disciplines within the corrections profession. It provides standards and accreditation, professional development and certification, publications, and consulting on all aspects of correctional facilities, including health and mental health care.

### **National Center for Institutions and Alternatives (NCIA)**

<http://www.ncianet.org/services/suicide-prevention-in-custody/>

The Suicide Prevention in Custody section of this website provides access to a number of online publications at no cost as well as services such as policy assessment and development, training, and expert witness consultation.

### **National Commission on Correctional Health Care (NCCHC)**

<http://www.ncchc.org/>

This organization focuses on health and mental health care in correctional facilities, including suicide prevention. It sets standards and provides accreditation, professional development and certification, publications, and technical assistance.

## **National Institute of Corrections Library (NIC)**

<http://nicic.gov/Library/>

This online library contains free access to materials on many topics related to correctional facilities, including suicide prevention.

## **Suicide Prevention Resource Center (SPRC)**

<http://www.sprc.org> for general information on suicide prevention

[http://www.sprc.org/search/library/Corrections?filters=type%3Alibrary\\_resource](http://www.sprc.org/search/library/Corrections?filters=type%3Alibrary_resource) for information on correctional settings

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#### **Suicide Prevention Resource Center**

Web: <http://www.sprc.org> | E-mail: [info@sprc.org](mailto:info@sprc.org) | Phone: 877-GET-SPRC (438-7772)