



# Engaging Suicide Attempt Survivors



## Resources

The following resources include videos, websites, reports, and toolkits that can help you **learn more** and **take action** to engage suicide attempt survivors in prevention.

### **SPARK Talks: Engaging Suicide Attempt Survivors**

<http://sparktalks.sprc.org>

**Speaker:** Barb Gay, Executive Director, Area Substance Abuse Council (2015)

SPRC's SPARK Talks are **Short**, **Provocative**, **Action-oriented**, **Realistic**, and **Knowledgeable** videos of leaders in the suicide prevention movement who describe a new development or direction in the field that can have an impact on the burden of suicide.

### **The Way Forward: Pathways to Hope, Recovery, and Wellness with Insights from Lived Experience**

<http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/The-Way-Forward-Final-2014-07-01.pdf>

**Author:** Suicide Attempt Survivors Task Force of the National Action Alliance for Suicide Prevention (2014)

This resource includes the core values for supporting attempt survivors; recommendations for practices, programs, and policies for effective suicide prevention; and ways to involve attempt survivors as helpers. It was created with valuable input from, and in collaboration with, attempt survivors.

### **A Voice at the Table**

<https://www.youtube.com/watch?v=XG7eH1GLK8E>

**Producer:** Craig Miller

This 30-minute documentary highlights the need for the voices of individuals with lived experience to inform planning, policy, and training in the suicide prevention field. The film spotlights four suicide attempt survivors.

### **Leadership Informed by Lived Experiences**

<http://zerosuicide.sprc.org/files/leadership-informed-lived-experiences>

In this 3-minute video, Leah Harris, director of Communications and Development at the National Empowerment Center, shares her thoughts about the importance of involving people with lived experiences in leadership roles to improve screening, assessment, and patient engagement.

### **The Role of Peer Support Services in Caring for Those at Risk of Suicide**

[https://edc.adobeconnect.com/\\_a1002235226/p60aqp4nel9/?launcher=false&fcsContent=true&pbMode=normal](https://edc.adobeconnect.com/_a1002235226/p60aqp4nel9/?launcher=false&fcsContent=true&pbMode=normal)

**Author:** Suicide Prevention Resource Center

This recorded webinar explains the role of embedding lived experience into the Zero Suicide initiative and includes examples of how to incorporate those experiences.

## Examples of Resources Developed in Partnership with Attempt Survivors

### **Zero Suicide**

<http://zerosuicide.sprc.org/>

Zero Suicide (ZS) is a commitment to suicide prevention in health and behavioral health care systems and involves a specific set of strategies and tools described on the website. Individuals with lived experience continue to inform the development, implementation, and evaluation of Zero Suicide initiatives via webinars and the Zero Suicide Academy.

## Caring for Adult Patients with Suicide Risk: A Consensus Guide for Emergency Departments

<http://www.sprc.org/edguide?sid=47473>

**Author:** Suicide Prevention Resource Center (2015)

This guide is designed to assist emergency department health care professionals with decisions about the care and discharge of patients with suicide risk. The guide was produced in collaboration with suicide prevention and emergency medical professionals as well as attempt survivors.

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