



# The Suicide Prevention Movement



These resources can help you  
**learn more**  
about the suicide prevention movement and  
**take action.**

## Learn More

### **SPARK Talks: The Suicide Prevention Movement**

<http://sparktalks.sprc.org>

Speaker: Jerry Reed, PhD, Director, Suicide Prevention Resource Center. (2014).

SPRC's SPARK Talks are **Short, Provocative, Action-oriented, Realistic, and Knowledgeable** videos of leaders in the suicide prevention movement who describe a new development or direction in the field that can have an impact on the burden of suicide.

### **Forging an Agenda for Suicide Prevention in the United States**

<http://www.ncbi.nlm.nih.gov/pubmed/323488515>

Author: Caine, E. (2013). *American Journal of Public Health*, 103(5), 822–829. (abstract only free of charge)

This article discusses how suicide prevention must be transformed by integrating injury prevention and mental health to develop common risk public health interventions that address the diverse populations and individuals at risk for suicide. It emphasizes distal preventive interventions with strategies that focus on people, places, interpersonal factors, and social contexts to address issues before people become suicidal. The middle years—the age with the greatest suicide burden—needs special attention. The article includes sections on “The Gulf between Aspirations, Actions, and Outcomes” and “Reshaping the Field of Suicide Prevention.”

### **National Action Alliance for Suicide Prevention Website**

<http://actionallianceforsuicideprevention.org/>

The National Action Alliance for Suicide Prevention is the public-private partnership that is advancing the *National Strategy for Suicide Prevention*. The website contains information on the Action Alliance's priorities, leadership, and task forces, as well as on the *National Strategy* and additional resources.

### **Promoting Individual, Family, and Community Connectedness to Prevent Suicidal Behavior**

[http://www.cdc.gov/violenceprevention/pdf/suicide\\_strategic\\_direction\\_full\\_version-a.pdf](http://www.cdc.gov/violenceprevention/pdf/suicide_strategic_direction_full_version-a.pdf)

Author: Centers for Disease Control and Prevention. (2008).

This document describes the five-year vision for the Centers for Disease Control and Prevention's work to prevent fatal and nonfatal suicidal behavior. The strategic direction proposed is to prevent suicidal behavior by building and strengthening connectedness or social bonds within and among persons, families, and communities.

## **Suicide Prevention Resource Center**

<http://www.sprc.org>

This website contains information on the basics of suicide prevention, including:

- The public health approach
- SPRC newsletter *The Weekly Spark*
- News and events
- Information for states and communities, including access to state suicide prevention plans
- Information for colleges, universities, American Indian/Native Alaska tribes, and youth suicide prevention grantees

There are specific sections for health care and behavioral health providers and other professionals who may work with individuals who are suicidal. The website also contains the Best Practices Registry; an extensive library of resources; and online courses, webinars, and other training materials.

## **Take Action**

### **2012 National Strategy for Suicide Prevention: Goals and Objectives for Action**

<http://actionallianceforsuicideprevention.org/nssp>

Authors: U.S. Department of Health and Human Services Office of the Surgeon General and National Action Alliance for Suicide Prevention. (2012, September).

This revised version of the *National Strategy* is a call to action that is intended to guide suicide prevention activities in the United States over the next decade. It includes 13 goals and 60 objectives that have been updated to reflect advances in suicide prevention knowledge, research, and practice, as well as broader changes in society and health care. It can be used to foster public dialogue; build public support for suicide prevention; and promote changes in systems, policies, and environments that will support and facilitate the prevention of suicide and related problems.

### **Best Practices Registry (BPR)**

<http://www.sprc.org/bpr>

The purpose of the BPR is to identify, review, and disseminate information about best practices that address specific objectives of the *National Strategy for Suicide Prevention*. It has been designed to support practitioners in creating effective suicide prevention programs and for reaching different audiences. The BPR is divided into three sections: (1) Evidence-Based Programs, (2) Expert/Consensus Statements, and (3) Adherence to Standards.

### **Preventing Suicide: A Global Imperative**

[http://www.who.int/mental\\_health/suicide-prevention/world\\_report\\_2014/en/](http://www.who.int/mental_health/suicide-prevention/world_report_2014/en/)

Author: World Health Organization. (2014).

This is the first global report on suicide prevention. It presents the latest information and data on suicide and suicide prevention efforts worldwide; identifies evidence-based approaches to suicide prevention that can be adapted to different settings; and encourages strategic, collaborative actions to have the greatest impact. The report serves as a building block for the development and implementation of comprehensive suicide prevention strategies around the world.

## **A Prioritized Research Agenda for Suicide Prevention: An Action Plan to Save Lives**

<http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/taskforces/ClinicalCareInterventionReport.pdf>

Author: National Action Alliance for Suicide Prevention Clinical Care and Intervention Task Force. (2012). This paper contains the findings and recommendations of the Clinical Care and Intervention Task Force of the National Action Alliance for Suicide Prevention. Its purpose is to provide a potential framework for replication of suicide care that can be used in health and mental health care systems and recommendations for national and state action to move the United States toward change. The Task Force focused its recommendations on care in four environments: (1) Emergency Departments and Medical-Surgical Units, (2) Primary Care and General Medical Settings, (3) Behavioral Health Entities, and (4) Crisis Services. Also included is information on specific programs with novel approaches and positive outcomes.

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**SPARK Talk Website:** <http://sparktalks.sprc.org>

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