Suicide Prevention Resource Center
Promoting a public health approach to suicide prevention

The nation’s only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention.
Planning for Success: Year 1 Goals and Priorities

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3 – 4:30 PM ET

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Prevention Support Team Staff

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Agenda

• Brief review of setting SMART Objectives
• Walk through of Prioritizing Year 1 Goals worksheet
• Prioritizing objectives using the worksheet
• Questions
• Wrap Up
Learning Objectives

- Learn a systematic approach to prioritizing projects and aligning them with objectives
- Be able to clarify what programmatic factors are most important, and should receive the most attention, based on an efficient use of resources
- Practice setting priorities based on current capacities
SMART Objectives

- Specific
- Measurable
- Achievable
- Realistic
- Time-specific
Your turn: SMART Objectives

✔ Create a brochure to increase awareness of mental health services available to students on campus.

Specific?
Measurable?
Achievable?
Realistic?
Time-specific?
Your turn: SMART Objective

✔ Develop educational seminars around time management and conflict resolution for first-year students.

What is missing?

If we create a brochure to increase awareness of mental health services for students, they will be more likely to seek help.
What is missing?

If we develop educational seminars around time management and conflict resolution for first-year students, they will be able to cope better.
Prioritizing for Year 1
Prioritizing Objectives

✓ Campus readiness on suicide prevention

✓ What do you need to have in place before you start grant activities?

✓ What’s realistically achievable during your grant period?
Prioritizing Objectives

- Weigh your program’s assets and barriers
- Be aware that some activities will take longer than others (ex: crisis protocols)
- Sustainability
Questions?
Reminders

✓ Self-paced activity this month is to complete the worksheet we just walked through together (due January 5, 2015).

✓ Next Orientation Series webinar is on Thursday, December 11, organized by ICF.

✓ All Orientation Series webinars are archived on the SPRC website.
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