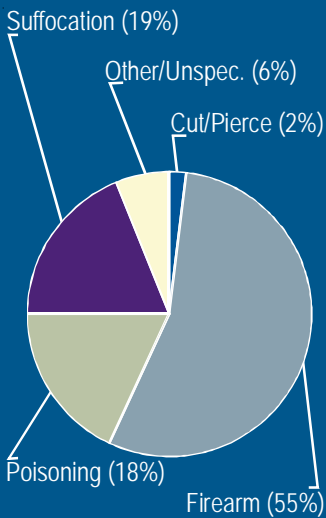
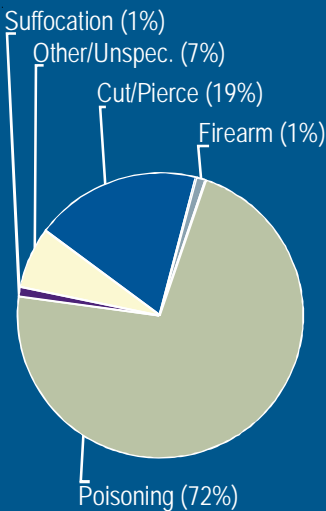


Suicides, 1999-2005

Suicides by Method



Attempts by Method



Phone: 877-GET-SPRC
877-438-7772
TTY: 617-964-5448
Web: www.sprc.org
Email: info@sprc.org
Mail: SPRC
55 Chapel Street
Newton, MA 02458-1060

Statewide

- 10th ranking cause of death
- Average of 163 residents died by suicide each year
- Suicide rate: 13.3 per 100,000
- Average of 3.1 suicides every week

Gender

- Males: 81% of suicides; rate 22.1 per 100,000; 7th ranking cause of death
- Females: 19% of suicides; rate 4.9 per 100,000; 17th ranking cause of death
- Male suicide rate 4.5 times the female rate

Race/ Ethnicity

- White Non-Hispanic (NH): 98% of suicides; rate 13.4 per 100,000
- Hispanic: <1% of suicides; rate 2.9 per 100,000
- Black NH: <1% of suicides; rate 5.1 per 100,000
- Other NH: 2% of suicides; rate 17.2 per 100,000
- White NH suicide rate 2.6 times the Black NH rate

Age

- 70+ years: highest suicide rate; 14% of suicides; rate 1.6 times the rate for 15 to 19 years

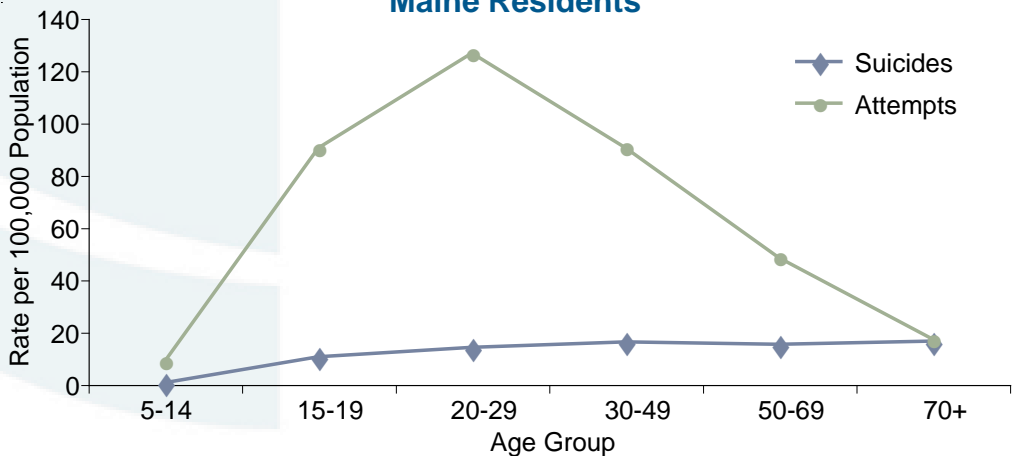
Method

- Firearm: leading method; rate 7.3 per 100,000; 3rd ranking cause of injury deaths
- Suffocation: 2nd leading method; rate 2.5 per 100,000; 5th ranking cause of injury deaths
- Poisoning: 3rd leading method; rate 2.4 per 100,000; 7th ranking cause of injury deaths
- If half of **undetermined intent** poisonings were self-inflicted, suicides in this state would be 1% higher

Costs

- Average medical cost per case: \$3,736
- Average work-loss cost per case: \$1,115,635

Average Annual Self-Inflicted Injuries by Age Group, Maine Residents



Estimated Hospitalized Attempts, 2005

Statewide

- Total of 822 hospitalized attempts per year
- Hospitalized attempt rate: 65.9 per 100,000
- Average of 2.3 attempts every day

Gender

- Males: 46% of attempts; rate 62.8 per 100,000
- Females: 54% of attempts; rate 68.7 per 100,000
- Female attempt rate 9% greater than the male rate

Age

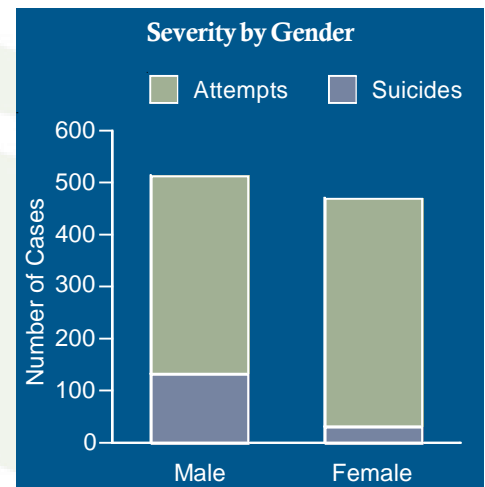
- 20-29 years: highest hospitalized attempt rate; 24% of hospitalized attempts; rate 40% greater than the rate for 15 to 19 years

Method

- Poisoning: leading method; 595 annual attempts; rate 47.7 per 100,000
- Cut/Pierce: 2nd leading method; 152 annual attempts; rate 12.2 per 100,000

Costs

- Average medical cost per case: \$10,359
- Average work-loss cost per case: \$9,994



Self-Inflicted Injuries by Age Group, Gender, and Method, Maine Residents

	Suicides								Estimated Hospitalized Attempts							
	Male		Female		All		Avg Cost Per Case		Male		Female		All		Avg Cost Per Case	
	N	Rate	N	Rate	N	Rate	Medical	Work Loss	N	Rate	N	Rate	N	Rate	Medical	Work Loss
Age Group																
5-14	1	1.3	0	0.0	1	0.7	\$2,213	\$1,663,047	3	3.7	11	14.2	14	8.8	\$8,270	\$13,775
15-19	8	18.2	1	2.6	10	10.6	\$4,459	\$1,720,852	48	103.2	34	76.9	82	90.4	\$8,001	\$10,204
20-29	17	22.8	4	5.4	21	14.2	\$4,807	\$1,799,389	74	93.9	123	160.4	197	126.7	\$9,118	\$12,914
30-49	50	25.6	15	7.3	65	16.3	\$3,694	\$1,416,195	167	87.7	185	93.1	352	90.5	\$10,369	\$9,736
50-69	35	24.8	9	6.3	44	15.4	\$2,586	\$671,132	75	48.4	78	48.5	153	48.5	\$13,785	\$6,414
70+	21	38.3	2	2.3	23	16.6	\$4,821	\$96,967	15	26.7	9	10.9	24	17.3	\$17,401	\$1,944
Method																
Cut/Pierce	3	0.5	1	0.1	4	0.3	\$3,688	\$1,078,107	76	12.5	76	11.9	152	12.2	\$11,101	\$40,547
Firearms	80	13.4	9	1.4	89	7.3	\$3,479	\$1,047,818	10	1.6	1	0.2	11	0.9	\$66,669	\$55,020
Poisoning	17	2.8	13	2.0	30	2.4	\$4,483	\$1,023,100	262	43.1	333	52.0	595	47.7	\$8,610	\$1,424
Suffocation	25	4.2	5	0.8	30	2.5	\$3,043	\$1,396,126	6	1.0	1	0.2	7	0.6	\$31,421	\$199,937
Other/Unspecified	7	1.2	3	0.5	10	0.8	\$5,922	\$1,134,377	28	4.6	29	4.5	57	4.6	\$32,833	\$50,417
Total	132	22.1	31	4.9	163	13.3	\$3,736	\$1,115,635	382	62.8	440	68.7	822	65.9	\$10,359	\$9,994

Rates are per 100,000 population aged 5 and over. For table details and data sources, see Methods page. Rates based on 5 or fewer cases may be unstable, use with caution. Rows and columns may not add due to rounding. All costs are in year 2006 dollars. Not all self-inflicted injuries are suicide attempts.

This has been published by the Suicide Prevention Resource Center at EDC. It is the reader's sole responsibility to determine whether any of the information contained in these materials is useful to them. These materials are based upon work supported by the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration under grant No. 1 U79 SM57392-03. Any opinions, findings and conclusions, or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.