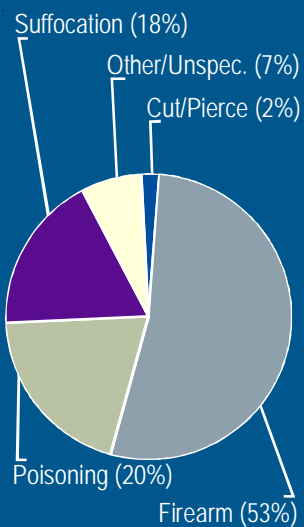
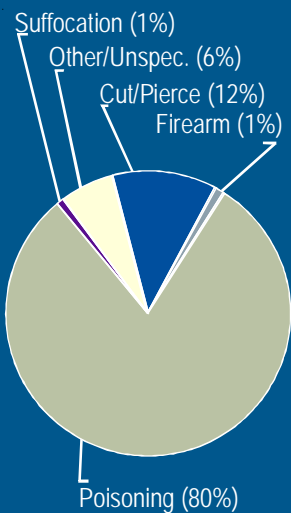


Suicides, 1999-2005

Suicides by Method



Attempts by Method



Phone: 877-GET-SPRC
 877-438-7772
 TTY: 617-964-5448
 Web: www.sprc.org
 Email: info@sprc.org
 Mail: SPRC
 55 Chapel Street
 Newton, MA 02458-1060

Statewide

- 9th ranking cause of death
- Average of 789 residents died by suicide each year
- Suicide rate: 13.9 per 100,000
- Average of 2.2 suicides every day

Gender

- Males: 79% of suicides; rate 22.2 per 100,000; 8th ranking cause of death
- Females: 21% of suicides; rate 5.7 per 100,000; 16th ranking cause of death
- Male suicide rate 3.9 times the female rate

Race/Ethnicity

- White Non-Hispanic (NH): 89% of suicides; rate 15.4 per 100,000
- Hispanic: 3% of suicides; rate 5.7 per 100,000
- Black NH: 2% of suicides; rate 7.8 per 100,000
- Other NH: 6% of suicides; rate 9.7 per 100,000
- White NH suicide rate 2.0 times the Black NH rate

Age

- 70+ years: highest suicide rate; 14% of suicides; rate 2.2 times the rate for 15 to 19 years

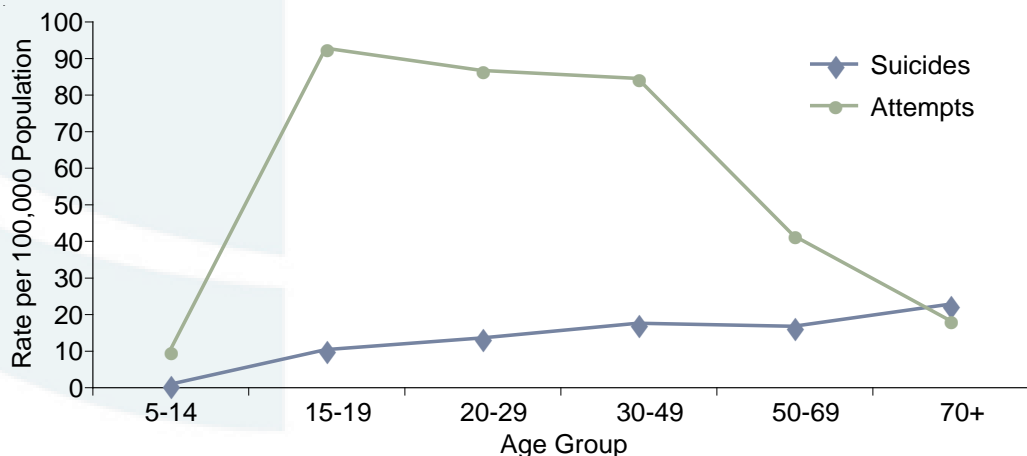
Method

- Firearm: leading method; rate 7.4 per 100,000; 4th ranking cause of injury deaths
- Poisoning: 2nd leading method; rate 2.9 per 100,000; 5th ranking cause of injury deaths
- Suffocation: 3rd leading method; rate 2.5 per 100,000; 6th ranking cause of injury deaths
- If half of **undetermined intent** poisonings were self-inflicted, suicides in this state would be 4% higher

Costs

- Average medical cost per case: \$5,433
- Average work-loss cost per case: \$1,304,816

Average Annual Self-Inflicted Injuries by Age Group, Washington Residents



Hospitalized Attempts, 2006

Statewide

- Total of 3,526 hospitalized attempts per year
- Hospitalized attempt rate: 58.9 per 100,000
- Average of 9.7 attempts every day

Gender

- Males: 41% of attempts; rate 48.1 per 100,000
- Females: 59% of attempts; rate 69.6 per 100,000
- Female attempt rate 45% greater than male rate

Race/ Ethnicity

- No data available

Age

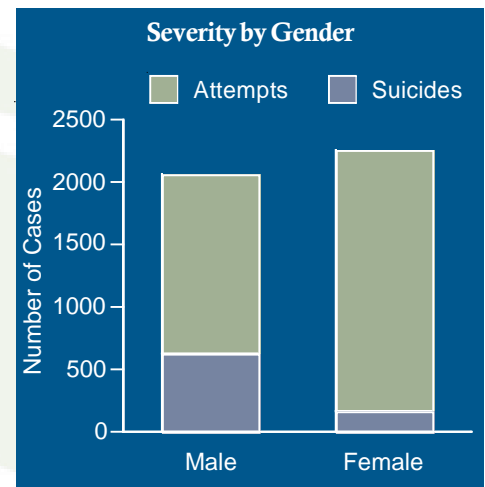
- 15-19 years: highest hospitalized attempt rate; 12% of hospitalized attempts

Method

- Poisoning: leading method; 2,817 annual attempts; rate 47.0 per 100,000
- Cut/Pierce: 2nd leading method; 427 annual attempts; rate 7.1 per 100,000
- If half of **undetermined intent** poisonings were self-inflicted, suicide attempts in this state would be 6% higher

Costs

- Average medical cost per case: \$10,782
- Average work-loss cost per case: \$11,771



Self-Inflicted Injuries by Age Group, Gender, and Method, Washington Residents

	Suicides								Hospitalized Attempts							
	Male		Female		All		Avg Cost Per Case		Male		Female		All		Avg Cost Per Case	
	N	Rate	N	Rate	N	Rate	Medical	Work Loss	N	Rate	N	Rate	N	Rate	Medical	Work Loss
Age Group																
5-14	4	0.8	1	0.3	5	0.6	\$15,887	\$1,776,291	25	5.8	56	13.6	81	9.6	\$8,607	\$16,224
15-19	34	15.6	9	4.3	43	10.1	\$5,669	\$1,964,444	153	67.3	254	119.4	407	92.5	\$8,327	\$12,019
20-29	92	21.6	18	4.4	110	13.3	\$4,959	\$2,102,957	334	71.4	451	102.3	785	86.4	\$9,490	\$15,211
30-49	254	26.9	71	7.6	325	17.3	\$4,947	\$1,646,576	645	67.9	938	100.9	1,583	84.2	\$10,792	\$11,467
50-69	146	25.2	47	7.9	193	16.5	\$5,520	\$805,015	234	34.2	341	48.2	575	41.3	\$14,347	\$7,554
70+	95	46.4	17	5.8	112	22.5	\$6,553	\$109,721	43	19.6	52	17.0	95	18.1	\$18,112	\$2,290
Method																
Cut/Pierce	12	0.4	2	0.1	14	0.2	\$14,141	\$1,374,809	209	7.0	218	7.2	427	7.1	\$11,554	\$47,756
Firearms	363	12.9	55	1.9	418	7.4	\$4,593	\$1,200,942	25	0.8	11	0.4	36	0.6	\$69,391	\$64,802
Poisoning	97	3.4	65	2.3	162	2.9	\$5,336	\$1,289,817	1,041	34.9	1,776	59.1	2,817	47.0	\$8,962	\$1,677
Suffocation	118	4.2	25	0.9	143	2.5	\$4,390	\$1,563,968	**	0.9	**	0.2	34	0.6	\$32,704	\$235,486
Other/Unspecified	36	1.3	15	0.5	52	0.9	\$13,990	\$1,453,036	**	4.4	**	2.7	212	3.5	\$34,173	\$59,382
Total	626	22.2	163	5.7	789	13.9	\$5,433	\$1,304,816	1,434	48.1	2,092	69.6	3,526	58.9	\$10,782	\$11,771

All non-estimated hospitalization counts for year 2006 were obtained from and prepared by the Washington State Department of Health, Injury and Violence Prevention Program, Olympia, WA (2008). Rates are per 100,000 population aged 5 and over. For table details and data sources, see Methods page. Rates based on 5 or fewer cases may be unstable, use with caution. Rows and columns may not add due to rounding. Notes: ** indicates 1-10 discharges, or indicates 11 or more discharges, but suppressed to prevent identification of other small numbers through subtraction. All costs are in year 2006 dollars. Not all self-inflicted injuries are suicide attempts.

This has been published by the Suicide Prevention Resource Center at EDC. It is the reader's sole responsibility to determine whether any of the information contained in these materials is useful to them. These materials are based upon work supported by the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration under grant No. 1 U79 SM57392-03. Any opinions, findings and conclusions, or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.