Coordination With Other Prevention & Community Programs

MAINE YOUTH SUICIDE PREVENTION PROGRAM

SCHOOL COMMUNITY-BASED PREVENTION & EARLY INTERVENTION
Overview of Maine’s Experience

- CDC funded Schools
  - Schools implement Lifelines Program
  - MOA with crisis agency

- GLS Cohort 1 SAMHSA Youth Suicide Prevention Project
  - Schools implement Lifelines Program
  - Local Coordinators hired from crisis agencies
  - Youth-serving community agency partners

- GLS Cohort 4 Caring About Lives in Maine (CAL ME) Project
  - Schools Implement Lifelines Program
  - Referral Networks
    - Contracts with key referral agencies
    - Outreach and inclusion of key partners
CDC Funded Project 2002 – 2006

- Comprehensive School-Based Project
  - Schools implement Lifelines Program
  - Schools asked to do outreach in the community
GLS Cohort 1: 3 High School Communities

- Community-Based Suicide Prevention
  - Coordination by 3 Local Crisis Agencies
  - 6 High Schools
  - 9 Youth-Serving Community Agencies
  - Key Partners & Stakeholders
3 High School Communities

- Schools & Community Agencies
  - Developed protocols and signed MOAs with crisis agencies
  - Trained staff (Gatekeeper, TOT, awareness)
  - Identified and referred youth at risk

- Schools
  - Lifelines Teacher Training for Health Educators
  - Implemented Maine Lifelines Student Lessons as part of health curriculum
Additional Community Activities

- Primary Care Clinician training provided
  - Lunch and Learn
- Behavioral Health Provider training provided
  - Assessing and Managing Suicide Risk available statewide
- Resources provided to EDs
  - Resource baskets
- Resources provided to survivors
  - Survivor Packets
  - Child and Family Grief Support Groups
- Work with 2 colleges, Native American and GLBT communities
GLS Cohort 4: CAL ME Project

- Community-Based Suicide Prevention
  - 11 high schools
  - Referral Networks
  - Key stakeholders & partners
    - Middle Schools
    - Alternative Education
    - GED staff
    - Parents
    - Clergy
    - Police
    - Hospitals
    - Youth-serving community agencies
    - KMCC and Homeless Liaisons
    - Juvenile Treatment Network
Purpose for Coordination/Collaboration

- Build a competent community
- Identify/enhance referral resources
  - Prevention
  - Intervention
  - Postvention
- Provide continuity of care for students
  - Identify and solve barriers to service delivery
- Make the best use of scarce resources
- Build relationships
- Enhance trainings & allow for cross-training opportunities
Identifying, Building, Maintaining Partnerships

• Part of initial project planning & activities
• ASK
  ○ Ask
  ○ Ask
• Personal outreach
• Participate in initial orientation meeting
• Clear communication
• Acknowledgement
Roles & Procedures

- Clear Expectations (contracts)
- Trainings
- Protocols including MOAs/MOUs
- Required Referral Network meetings
  - Work on barriers to information sharing to provide continuity of care
  - Cross training opportunities
- Technical Assistance
- Build in sustainability
Maine Youth Suicide Prevention Program
Education, Resources and Support
It’s Up to All of Us

www.mainesuicideprevention.org