SAMHSA Grantee Meeting  
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Donna Holland Barnes
Howard University
Washington, DC

Mission Statement

As college campus suicide prevention administrators, we are committed to removing barriers, cross traditional boundaries, and explore new ways of thinking and being. We are committed to building a culture of respect, openness, and trust. We should fully utilize our “likeness” and “differences” to enhance problem solving, processes and systems that will foster new opportunities in educational awareness, de-stigmatizing mental disorders and student counseling.

AGENDA

• Hand out index cards (10 min)
• Exercise/s (30 min)
• Pose questions to attendees (45 min)
• Discuss questions written on index cards (45 min)
• Say Good-Bye
Diverse groups on College Campuses

- People of Color
- The differently-abled (physically or mentally)
- Those who speak English as a second language
- Non traditional students
- Students who commute
- Lesbian/Gay/Bisexual/Transgendered & those in question about their sexuality
- Members of World Faiths other than Christianity
- Indigenous people of North and South America who do not trace their roots to European descent
- Single mothers
- International students
- Students from various regions of the Country (i.e. rural, south...)
- Students with high IQs
- Students with learning disabilities
- Highly practiced faith-based students
- Politically militant students

Rules to the exercise

- Honor confidentiality
- Unconditionally respect yourself and others
- Speak of yourself only
- Activity listen; consider other peoples words as gifts
- No hostile analysis
- After this exercise we should engage dialogue and not a debate
- Agree to disagree
- It is okay to express your emotions
- Take responsibility for your own learning
- You can participate as much and as little as you feel comfortable with

- Move about the room and pair up with someone for a 5 minute discussion on the exercise.
Questions after exercise

• What feelings came up for you during this exercise?
• How did it feel to step forward?
• How did it feel to step backwards?
• Did this exercise change your understanding or definition of diversity? If so, how?

Questions to Attendees

• Who are the diverse populations on your campus?
• What methods have or have not worked on your campus?
  – Building relationships with diverse groups
  – Performing needs assessments
  – Are your perceptions of their needs congruent with their actual needs.

Questions continued

• What locations and venues have been effective to reach your diverse populations?
• What are some ways that your campus has addressed stigma?
• Have you considered on focusing on physical symptoms of mental disorders?
SAYING GOOD-BYE