Campus and Community Partnerships: Data Sharing and Program Planning

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Campus Mental Health Resources

• Counseling Services
  – Individual, couples, group counseling
  – Crisis hours
  – Counselor on call, 365 days a year
  – Educational programs and outreach
  – Mental health consultations
  – Social Workers, Psychologists, Psychiatrists

• Health Services

• Wellness Education Services
Research Goals

- To learn more about the mental health concerns that bring students to the Comprehensive Psychiatric Emergency Program at the hospital
- To examine demographic factors that influence student use of CPEP
- To learn more about CPEP criteria for admittance and discharge planning

Challenges, Lessons Learned, & Solutions

- Learning to set reasonable goals
  - Chart review of CPEP patients over the age of 18 whose primary occupation is "student" during a 5 year period
  - Didn’t factor in sheer number of cases involved
  - Most charts not in electronic format
  - Solution: review 1 year period for people ages 18 to 40
- Learning how to conduct research at a hospital
  - Had buy-in from CPEP medical director
  - Didn’t factor in UB medical technology officer, Medical Records, IT, HR, hospital research administrators
  - Solution: Had the Chief of Psychiatry personally advocate for us
Challenges, Lessons Learned, & Solutions

- Dealing with Personnel Changes
  - Hospital clinical research administrator and my grad assistant changed
  - Solution: Good record-keeping, don’t delete emails or other correspondence

- Allow plenty of time to complete the project!

Using this data in suicide prevention

- To guide outreach and educational programs
  - Program topics
  - Target “at risk” student populations

- To revise policy to ensure ease of communication with hospital personnel

- To provide continuity of care for students who have a psychiatric crisis

- To guide counseling staff’s training needs

- To share findings with other WNY colleges