

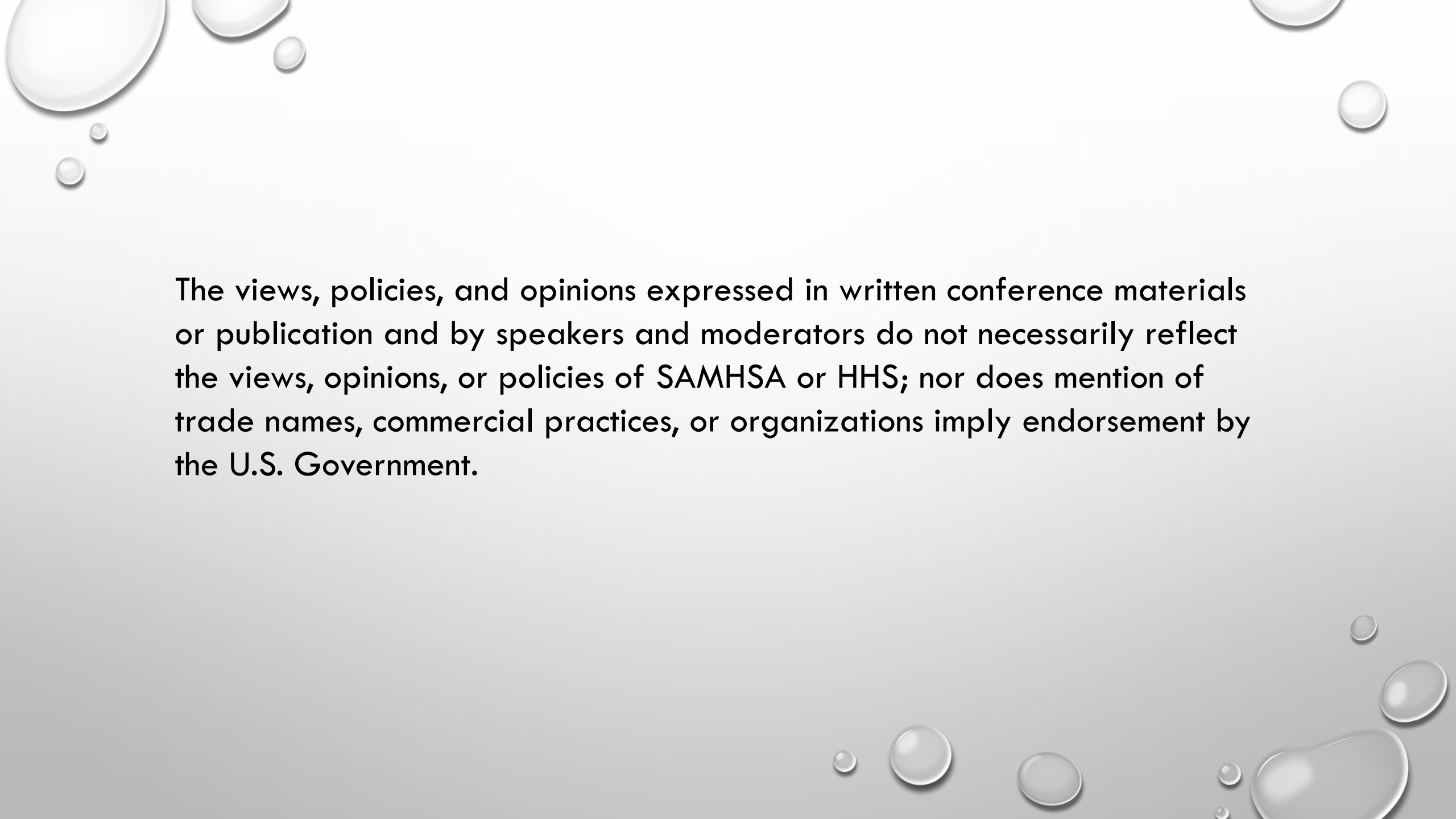


WEST VALLEY COLLEGE

STUDENT HEALTH

— SERVICES —



The page features a light gray background with a subtle gradient. In the top-left and bottom-right corners, there are several realistic-looking water droplets of various sizes, rendered with soft shadows and highlights to give them a three-dimensional appearance. The text is centered in the middle of the page.

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PROJECT
ARISE

ADVANCING RESOURCES AND INFORMATION FOR SUICIDE PREVENTION AND EDUCATION

- STRENGTHEN ON-CAMPUS PERSONAL COUNSELING CAPACITY
- SUPPORT A ROBUST MENTAL HEALTH REFERRAL SYSTEM
- CREATE SUCCESSFUL PARTNERSHIPS ON AND OFF CAMPUS
- IMPLEMENT MENTAL HEALTH PROGRAM SUSTAINABILITY PLANNING
- ENHANCE A CAMPUS CRISIS INTERVENTION PLAN
- INCREASE CAMPUS AWARENESS OF MENTAL HEALTH
- FOSTER A SENSE OF BELONGING FOR STUDENTS ON CAMPUS

MENTAL HEALTH INTERNSHIP PROGRAM

- ONE-YEAR PRACTICUM TRAINEESHIP FOR MFT/MSW GRADUATE STUDENTS
- EXPANDS PERSONAL COUNSELING AND SUICIDE PREVENTION SERVICES
- INTER-DISCIPLINARY TEAM EXPERIENCE AT STUDENT HEALTH SERVICES
- PARTICIPATION IN MENTAL HEALTH SERVICES ADVISORY COMMITTEE

CAMPUS COLLABORATIONS

- PARTNERSHIP WITH ACADEMIC COUNSELING SERVICES
- PARTNERSHIP WITH DISTRICT POLICE DEPARTMENT
- PROVIDE MANDATED COUNSELING FOR STUDENT DISCIPLINARY ISSUES
- COLLABORATION WITH STUDENT EQUITY AND DIVERSITY OFFICE
- CHAIR MENTAL HEALTH SERVICES ADVISORY COMMITTEE (BIT)
- QPR GATEKEEPER TRAINING FOR STUDENTS/STAFF/FACULTY

COMMUNITY COLLABORATIONS

- ESTABLISHED REFERRAL SYSTEM WITH SEVERAL FULL SERVICE PROVIDERS
- ANNUAL COMMUNITY HEALTH FAIRS ON CAMPUS
- PARTICIPATION ON COUNTY MENTAL HEALTH SUICIDE PREVENTION WORKGROUP
- PARTICIPATION ON COUNTY STAKEHOLDERS LEADERSHIP COMMITTEE
- ONGOING EFFORTS TO CREATE/ENHANCE “WARM HAND-OFF” RELATIONSHIP WITH COUNTY MENTAL HEALTH SERVICES

DATA COLLECTION AND SERVICES EVALUATION

- SCREENING FOR MENTAL HEALTH – MINDKARE KIOSK, ONLINE SCREENING
- NATIONAL COLLEGE HEALTH ASSESSMENT
- KOGNITO AT-RISK FOR COLLEGE STUDENTS
- SHS OFFICE VISIT SCREENING – PHQ-9, ANXIETY/ADHD
- EVENT/PRESENTATION SURVEYS

SUSTAINABILITY

- INTERNSHIP TRAINING PROGRAM
- CAMPUS PARTNERSHIPS
- COMMUNITY PARTNERSHIPS
- COUNTY MENTAL HEALTH PARTNERSHIPS

The background features a light gray gradient with several realistic water droplets of varying sizes scattered in the corners. The droplets have highlights and shadows, giving them a three-dimensional appearance.

QUESTIONS & COMMENTS