Ready for the journey, grant funding put gas in the tank:

• One of four institutions in the Florida College System with no mental health provision for students
• Administration recognized problem
• Unofficial crisis referral ongoing
• Applied for Cohort 5
  • In absence of funding, administration exploring solutions
## SPRC Substance Abuse and Suicide Prevention Collaboration Continuum

### Contemplating
**What is Contemplating?**
At this stage, we are thinking about collaborating. We have potential partners in mind, but we have not approached them.

**What does Contemplation look like?**
- We are discussing our goals.
- We are learning about our strengths.
- We are learning to trust each other.
- We are considering each other's priorities.

- Build trust through small wins.
- Take time to understand partners' contexts.
- Use key champions, friends and allies to build relationships.
- Identify opportunities to support each other's goals.

### Cooperating
**What is Cooperating?**
At this stage, we have decided partnering makes sense. We are engaging partners, but have no formal agreements.

**What does Cooperating look like?**
- We have informal and supportive relationships.
- We exchange information for mutual benefit.
- We attend each other's events.
- We have positive & intermittent interactions.
- There is little to no risk.

- Use data and information to find shared intersections and goals.
- Get clear on why you need a partner; identify what can't you do alone?
- Create and sustain positive dialogue and interactions.

### Coordinating
**What is Coordinating?**
At this stage, our partnership is growing stronger, and we are modifying our activities for mutual benefit. We are engaged in projects, initiatives and work together.

**What does Coordinating look like?**
- We care about the same things.
- We are engaged in short-term and long-term projects.
- We engage each other using informal or formal agreements.
- We share time, decision-making, and/or resources.
- We each retain autonomy.
- There is low to moderate risk.

- Commit to the partnership in a formal way.
- Define the terms and boundaries of the partnership.
- Recruit strategic, high-capacity partners that know how to nurture collaboration.
- Structure the partnership for engagement and inclusion among partners.
- Develop long-term strategic directions and shared vision.

### Collaborating
**What is Collaborating?**
At this stage, our partnership has formal agreements. We are working toward developing enhanced capacity to achieve a shared vision.

**What does Collaborating look like?**
- We employ creative, synergistic, and innovative approaches.
- We have new organizational structures and financial agreements.
- We have long-term engagement.
- We are an institutionalized and credible collaboration in the community.
- We have a well-defined mission based on member interests.
- We have an effective leadership team.
- There is high risk but also high trust.

- Engage in regular strategic planning.
- Manage and measure performance.
- Nurture your membership and team.
- Identify processes for managing conflict.
Developing Provider Partnerships

- Exploring existing relationships –
  - Engaging the right people in the right organizations
    - Do they have the power/authority for formal relationships

- What services can we offer to the provider?
  - Participation in specific gatekeeper “Train the Trainer” training
  - Notification of other professional development opportunities
  - Promotion of services to students
  - Invitations to participate in student events
Services for Students

- Working on referral process giving students priority
- Behavioral and Mental health Capacity Project
  - Increasing awareness of what’s available
- Developing coalition
  - Community
    - What can they do?
  - College
    - What can we do?
Partners

- PENSACOLA STATE COLLEGE
- Lakeview Center (BAPTIST HEALTH CARE)
- University of West Florida

Coordinating/Formal
Cooperating/Emerging
Cooperating/Emerging
Lakeview Center – formal MOU
- Offer more than 60 programs and services to provide solutions for children, teens, adults and families
- Sliding fee scale
  - Participate in training, student events

University of West Florida – formal MOU
- GLS Cohort 5 grantee
  - Meetings
  - Seeds of Hope 5K
  - Suicide Prevention Week activities – joint/shared information
Faith and Hope – working on formal MOU
• Provide professional counseling from a Christian perspective
• Services available to people of all beliefs, ages, and backgrounds.
• Only other sliding fee scale provider in town
• Student referral before grant, building on that relationship
• Direct contact with director for student services

Bradford Health Services – Emerging
• Dedicated to the delivery of high-quality care at a reasonable cost.
• Contacted the college
• Substance abuse treatment only
• Insured individuals only; however, will help uninsured secure services elsewhere
Challenges

- **Time**
- **Money**
  - Importance recognized because there is not enough funding in the grant for all activities
- **Lack of collaboration in the community**
  - Everyone wants to work with the college; not so much with each other
- **Community effort for mental health**
- **Acknowledgement in our community/region that suicide is a public health issue**