Suicide Prevention Resource Center
Promoting a public health approach to suicide prevention

The nation’s only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention.
Leaving a Legacy: Sharing Strategies to Sustain Suicide Prevention in Your Community

2014 GLS Grantee Meeting
June 9, 2014

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SPRC
Our Session Today

✓ Brief overview of GLS Grantee sustainability success strategies

✓ Small group work to enhance your program’s legacy
  ✓ Cohort 5 and 6 Campus Grantees
  ✓ Cohort 6 State Grantees
  ✓ Cohort 6 Tribal Grantees
2013 Sustainability Project

Goals:

✓ Assess:
  ✓ what has been sustained by GLS ‘alumni’
  ✓ key factors in their success

✓ Provide recommendations for suicide prevention practitioners
Approach

I. Literature review
II. Survey of GLS alumni
III. In-depth interviews with selected survey respondents
IV. Summarize findings and recommendations
IV. Recommendations

1. Adopt a Sustainability Mindset
2. Build Momentum
3. Foster Leadership
4. Cultivate Partnerships
5. Secure Resources
1. Sustainability Mindset

✓ Vision for what will be in place after funding
✓ Sustainability in mind: design → implementation
✓ Decisions and course adjustments throughout

“I didn’t just throw something together related to sustainability in the end. It was an effort right from the beginning that, [for] everything we were starting, my intention was to continue it way past the three years.

—GLS campus alumni
2. Catalyze Momentum

- Develop or maintain momentum
- Engage diverse stakeholders and influencers
- Build community involvement

“…the reason we got additional state funding was that there were so many people who had bought into this that I know the state felt they couldn’t just let it fall by the wayside.”

—GLS state alumni
3. Foster strong leadership

✓ Select or cultivate a strong leader
✓ Prioritize funding for consistent leader after the grant
✓ Leaders should have/build key skills

“The person that you hire at the head of your programming has to be a person with passion, persistence, and come with a wealth of prevention skills. If not, then it would be very hard to get this much done in three years.”

—GLS tribal alumni
4. Cultivate Partnerships

- Identify various partners
- Establish strong relationships
- Develop/strengthen the planning or leadership group

“[Partnerships] offer the opportunity to continue doing this work, because everyone has an investment in the outcome.... It becomes something that they take ownership of.”

—GLS campus alumni
5. Secure additional resources

✓ Plan how to identify new funding
✓ Prioritize funding for staff time
✓ Lower level of funding may be enough

“Once you’ve built the system, it doesn’t require the same kind of funding to keep it going. It’s one thing to maintain a house as opposed to building the home. We had the money to build the house [from the GLS grant] and now we are maintaining it.”

—GLS campus alumni
Report and next steps

☑ Report: [www.sprc.org](http://www.sprc.org) (search ‘Leaving a Legacy’)

☑ Coming soon: ‘Hands on version!’
Sharing your Sustainability Strategies

1. Move (stay tuned)
2. Split up your team (except Campus Cohort 6)
3. Sit with people you haven’t met yet
4. Follow the worksheet instructions
Time to Move!

Campus Grantees

Stay here with Smita and Adam

Please sit with your Cohort:
Cohort 5: mix it up!
Cohort 6: sit with your team

State Grantees
move to XX Room
with Bekah

Tribal Grantees
move to XX Room
With Elly
Contact Us

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THANK YOU!