Thank you for joining us!
We will begin momentarily.

To hear the presenters, dial in:
888-553-4801; Access code: 8207895
Native Connections and SPRC Websites Walkthrough Webinar

Wednesday October 30, 2019
Agenda

• Introduction to the Native Connections website
• Introduction to the SPRC website
• The resources available to the public and to Native Connections grantees
Learning Objectives

• Greater awareness of online resource support for tribal suicide prevention programs
• Navigate Native Connections Website to access key resources
• Access sprc.org to locate suicide prevention models, training, and resources
Native Connections SAMHSA Project Officer

Dr. Michelle Carnes
Native Connections GPO
SAMHSA, Center for Mental Health Services
Native Connections Website

https://www.samhsa.gov/native-connections
Home Page

- SAMHSA Grant Announcements and Awards
- Webinars
- Publications and Resources
- Training and Technical Assistance (TTA)
• SAMHSA Grant Announcements and Awards
• NEW Funding Announcement just announced for Native Connections
• Applications due TUESDAY DECEMBER 10, 2019
• Cohort 1 is eligible to apply
• Cohorts 2-5 are not
• Webinars

Native Connections webinars guide grantees on steps toward reducing suicidal behavior and substance use among youth.

Webinars for all cohorts

- Connecting Your STP to Outcomes and Evaluation (1:20:18)
- To Live To See The Great Day That Dawns Part 1 (1:28:22)
- Celebrating Our Successes: Sharing Program Challenges, and Lessons Learned (1:17:48)
- Addressing Opioid Use in Our Communities: Part 1 (1:01:09)
- Culture is Prevention (1:10:34)
- Two Sank - Resources from the Field (57:39)
- Strategies for Developing and Maintaining a Strong Youth-Led Webinar Movement (1:56:06)
- Youth Empowerment and the Impact of Social Media (1:18:30)

Related SAMHSA Resources
- Alcohol, Tobacco, and Other Drugs
- Mental and Substance Use
• Webinars – specific to grantee cohorts

- Grants Management Webinar for C2 and C4 🎥 (1:26:05)
- Grantee Orientation FY2018 Tribal Behavioral Health Grant Cohort 4 🎥 (1:12:53)
• Webinars – YouTube
Publications and Resources

- **Publications and Resources**

  - **Grantee Resources**
    - SPAWS Annual Goals and Budget Checklist (PDF: 1.32 KB) and SPAWS Indicator Cheat Sheet (PDF: 2.67 KB): An overview of the SPAWS Annual Goals and Budget Checklist and SPAWS Indicator Cheat Sheet. Learn more at SAMHSA Native Connections.
    - Native Connections Cohort 4 Application (PDF: 7.4 MB) gives an overview of the Native Connections grant. Learn more at SAMHSA Native Connections.
    - Native Connections: Grantee Briefing Sheet (PDF: 537 KB) gives an overview of the Native Connections Grant Program.

  - **Native Connections Guides and Fact Sheets**
    - Sustainability Toolkit (PDF: 3 MB) provides steps, guidance, and resources for grantees to work on core skills for sustainability and make sure key aspects of their Native Connections project live on into the future.
    - Public Health Model in Tribal Communities (PDF: 1.4 MB) describes the use of the model with a tribal cultural framework.

- **Related SAMHSA Resources**
  - Alcohol, Tobacco, and Other Drugs
  - Mental and Substance Use
Publications and Resources

Native Connections Guides and Fact Sheets

- **Sustainability Toolkit (PDF | 2 MB)** provides steps, guidance, and resources for grantees to work on core skills for sustainability and make sure key aspects of their Native Connections project live on into the future.

- **Public Health Model in Tribal Communities (PDF | 1.4 MB)** describes the use of the model with a tribal cultural framework.

- **Training and Technical Assistance Self-Assessment (PDF | 1.9 MB)** is a checklist to guide grantees through grant objectives and determine technical assistance needs.

Applying Theory to Native Connections Grantees

The **Native Connections Approach** is based on the Public Health Model. As grantees work through the stages of the Approach, 1) Community System Analysis, 2) Community Readiness Model assessments, 3) Strategic Action Planning and, 4) Implementing the Strategic Action Plan, they will have the opportunity to customize their grant activities to fit their communities. This will look different for each grantee based on the community’s needs assessment, cultural and tribal realities, personnel capacity, and existing community resources. See Figure 2 for a graphic to the NC Approach.

Figure 2: Native Connections Approach
• Training and Technical Assistance
• Training and Technical Assistance
  • Broad TA
  • Any tribe/tribal organization is eligible to request/participate
• Training and Technical Assistance
  • Focused TA
  • Any SAMHSA tribal grantee is eligible to request/participate
    • Ta-Request@tribaltechllc.com

Technical Assistance
Focused technical assistance is available to SAMHSA tribal grantees via site visits, teleconferences, email, and webinars. We offer support in implementing grant activities, strengthening successful interventions, increasing community capacity, and evaluating efforts in a culturally appropriate manner. We offer onsite and web-based TTA and have a large consultant pool of American Indian and Alaska Native expert trainers that help with the delivery of TTA. Topics include, but are not limited to:

- Increasing collaboration and capacity
- Incorporating readiness in ongoing planning
- Strengthening culture-based interventions
- Engaging ongoing support from tribal leaders
- Incorporating indigenous evaluation practices
- Using digital storytelling for marketing and evaluation
- Identifying resources for sustainable prevention

Request Focused TTA

The following steps outline how to request and receive Focused TTA services.

1. Focused TTA Request
   A request begins by contacting the Tribal TTA Center through any one of the following methods:
   - Online: Submit an online request form
   - Phone: 301-257-2967
   - Email: ta-request@tribaltechllc.com

2. Intake Call: After your request, you will be contacted by a Tribal TTA Center staff member. During this call, we will discuss your TTA needs and what will work best for your program and community. We offer onsite and Web-based TTA, and have a large consultant pool of American Indian and Alaska Native expert trainers available.

3. SAMHSA Approval: Once we have details about the TTA that you need, we request approval from SAMHSA to move forward with training or an event.

4. Planning Process: Upon receiving SAMHSA approval, we hold a series of calls between community members and Tribal TTA Center staff to set expectations, identify consultants, and decide on other logistics.

5. Event: Tribal TTA Center staff and consultants join the community for the event.

6. Follow-Up: Tribal TTA Center staff will continue to support your community's training efforts.
• Training and Technical Assistance
• Intensive TA
• Six to 8 tribal communities invited annually to participate
Training and Technical Assistance

Tribal Action Plan (TAP) Development
• Training and Technical Assistance

• Tribal Action Plan (TAP) Development

• “SAMHSA is required under the Tribal Law and Order Act (TLOA) of 2010 to lead efforts to coordinate existing federal resources and those established under the TLOA designed to combat alcohol and substance abuse in tribal communities.”
• Training and Technical Assistance
• Suicide Prevention Resources
• Great for preparing to apply for grants
  • Data
  • Best practices
  • Manuals and toolkits
  • Research

Suicide Prevention Resources
Find organizations, articles, and other resources that American Indian and Alaska Native Communities can use to strengthen suicide prevention efforts.

Popular Resources

- Suicide Prevention Resource Center (SPRC): American Indian/Alaska Native Settings
  A resource for people working to prevent suicide and promote wellness in Native communities.

To Live to See the Great Day That Dawns
A culturally appropriate guide for empowering tribal youth and preventing suicide.

Suicide among American Indians/Alaska Natives (PDF)
Provides information on suicide and risk and protective factors among American Indians and Alaska Natives.

See more fact sheets.
Any questions on today's content?

Raise your hand or type your questions in the chat box
Suicide Prevention Resource Center

Amy Painter
(HoChunk/Dakota)
Manager of Tribal Initiatives
Education Development Center

Amanda Skenadore
(Navajo)
Senior Tribal Prevention Specialist
Education Development Center
Suicide Prevention: We All Have a Role to Play

Amy Bearskin-Painter
Manager of Tribal Initiatives, SPRC

Amanda Skenadore
Senior Tribal Prevention, SPRC

October 2019
SAMHSA, Suicide Prevention Webinar
The Suicide Prevention Resource Center at EDC is supported by a grant from the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), under Grant No. 5U79SM062297.

The views, opinions, and content expressed in this webinar do not necessarily reflect the views, opinions, or policies of CMHS, SAMHSA, or HHS.
Overview

- Suicide Prevention Resource Center (SPRC)
- Effective Prevention Strategies
- Reasons to Visit www.sprc.org
- National Action Alliance for Suicide Prevention
- Zero Suicide Toolkit for Indian Country
- National Native American Heritage Month
The national Suicide Prevention Resource Center (SPRC) is your one-stop source for suicide prevention. We help you develop, deliver, and evaluate evidence-informed suicide prevention programs.

What we offer
- Best practice models
- Toolkits
- Online trainings
- Research summaries and more!

Who we serve
- Organizations
- Communities
- Agencies
- Systems

CONNECT WITH US
- www.sprc.org
- @SuicidePreventionResourceCenter
- @SPRCTweets
Effective Suicide Prevention

EFFECTIVE SUICIDE PREVENTION

Process
STRATEGIC PLANNING

Guiding Principles
KEYS TO SUCCESS

Strategies
COMPREHENSIVE APPROACH

Source: http://www.sprc.org/effective-suicide-prevention

www.sprc.org
Comprehensive Approach

Identify and Assist
Increase Help-Seeking
Respond to Crisis
Postvention

COMPREHENSIVE APPROACH TO SUICIDE PREVENTION
Reduce Access to Means

Effective Care/Treatment
Life Skills and Resilience

Care Transitions/Linkages
Connectedness

Source: http://www.sprc.org/effective-prevention/comprehensive-approach
Guiding Principles

KEYS TO SUCCESS

- Engaging People with Lived Experience
- Partnerships and Collaboration
- Safe and Effective Messaging and Reporting
- Culturally Competent Approaches
- Evidence-Based Prevention

Source: http://www.sprc.org/effective-prevention/keys-success

www.sprc.org
Strategic Planning

THE STRATEGIC PLANNING APPROACH TO SUICIDE PREVENTION

STEP 1: Describe the problem and its context

STEP 2: Choose long-term goals

STEP 3: Identify key risk and protective factors

STEP 4: Select or develop interventions

STEP 5: Plan the evaluation

STEP 6: Implement, evaluate, and improve

Source: http://www.sprc.org/effective-prevention стратегический-планирование
Settings Pages

- Schools
- Colleges and Universities
- Primary Care
- Emergency Departments
- Behavioral Health Care
- Workplaces
- Faith Communities

- Recommended Resources

Source: http://www.sprc.org/settings/

www.sprc.org
American Indian/Alaska Native Settings

Suicide prevention is a high priority for people working to promote wellness and reduce health disparities affecting American Indians and Alaska Natives (AI/AN). Drawing on strengths within Native traditions, community leaders and experts are developing models that are culturally based to promote mental health and prevent suicide for future generations.

Why Address Suicide Prevention

- Many AI/AN communities experience an elevated suicide rate.¹
- AI/AN communities may lack access to suicide prevention programs that meet their cultural needs.

How AI/AN Communities Can Take Action

The best way to prevent suicide is to use a culturally relevant, contextually driven, comprehensive approach that includes these key components:

- Promote culturally competent practices that increase protective factors and reduce risk.
- Connect the community's resources to create a shared vision of wellness.
- Gather information from Elders and community members to gain knowledge and understand the issue of suicide in the community where you are working.

Reference

News & Highlights

- Weekly Spark
- Subscribe
- Director’s Corner
- From the Field

Source: http://www.sprc.org/news-and-highlights

www.sprc.org
The Suicide Prevention Resource Center

Which of the following guiding principles are NOT one of the keys to success in suicide prevention:

A. Partnerships and collaboration
B. Limited prevention approaches
C. Safe and effective messaging and reporting
D. Culturally competent approaches
Who played “The Chief” in Wonder Woman?

A. John Dunbar
B. Eugene Brave Rock
C. Iron Eyes Cody
D. Michael Carnes
Why Visit the State Pages?

- **Who**
  - Contacts, Organizations, & Grantees

- **What**
  - Plans, News, & Tools

Source: http://www.sprc.org/states

www.sprc.org
Alaska State Page

- Websites
- Contacts
- Organizations
- Grantees
- Prevention Plans
- State Specific Resources

Source: http://www.sprc.org/states/alaska

www.sprc.org
Contact

Type

Status

State

Description

Source: http://www.sprc.org/grantees/east-central-university

www.sprc.org

Suicide Prevention: We All Have a Role to Play
SPRC Training and Events

- Free Online Training
- Microlearning (highlight strategic communication series)
- Webinars
Free Self-Paced Online Courses

- Preventing Suicide in Emergency Department Patients
- Counseling on Access to Lethal Means (CALM)
- A Strategic Planning Approach to Suicide Prevention
- Locating and Understanding Data for Suicide Prevention

Source: https://training.sprc.org/
Micro-Learning

Varied Topics
- Brief Video
- Recommended Resources

Source: http://www.sprc.org/training/micro-learning
SPRC Webinars

**GENERAL WEBINAR**

**Suicide Surveillance Strategies for American Indian and Alaska Native Communities**

August 29, 2017

SPRC’s Tribal Suicide Surveillance Project has completed a yearlong inquiry, which began in spring 2016, of key informants and tribal Garrett Lee...

**GENERAL WEBINAR**

**Action Alliance Webinar: Developing Successful and Positive Suicide Prevention Messaging**

July 13, 2017

Research shows that certain types of messaging about suicide deaths can increase risk among vulnerable individuals. Conversely, positive and safe...

**GENERAL WEBINAR**

**Reaching Our Vision - Tribal Learning Collaborative**

November 4, 2013

This month’s topic will be an open discussion among participants with a focus towards the future. Perhaps there’s something that you have been...

**GENERAL WEBINAR**

**Keeping Youth Safe: Reducing Access to Lethal Means**

October 24, 2013

Restricting access to lethal means is one component of a comprehensive approach to reducing the risk of suicide. Join us during this webinar to learn...
Virtual Learning Lab: State Suicide Prevention

- **Partnerships**
  - Select the Right Partners
  - Engage Potential Partners
  - Address Institutional Barriers & Obstacles
  - Sustain Programming through Collaboration

Opportunities for Partnerships

- Substance Abuse and Mental Health Services (SAMHSA)
  - Garrett Lee Smith
  - Zero Suicide
  - Native Connections

- Indian Health Service (IHS)
  - Methamphetamine and Suicide Prevention Initiative (MSPI)
  - Zero Suicide
Online Library

Suicide Prevention Resource Center

Filter By

- Display only items by SPRC
- Date Range
- Resource and Program Type
- Display only Programs with Evidence of Effectiveness
- Populations
- Settings

Resources and Programs

Use the Resource and Program Type filter on the left to find:

- **Resources** (e.g., articles, tools, fact sheets, reports) developed by SPRC and other suicide prevention organizations and experts

- **Programs and Practices** (e.g., education, screening, treatment, environmental change), including former BPR listings
  - Programs with evidence of effectiveness are indicated by the icon. To learn more about programs with this designation, see Evidence-Based Prevention.
  - Check the box on the left to display only programs with evidence of effectiveness.
  - For information about other program registries and lists, visit our Finding Programs and Practices page.

Please be aware that SAMHSA’s National Registry for Evidence-based Programs and Practices (NREPP) has been discontinued, and that SAMHSA will be reconfiguring its approach to identifying and disseminating evidence-based policies and programs. For more information, please read Assistant Secretary Elinore F. McCance-Katz’s statement about NREPP and evidence-based practices.

Source: http://www.sprc.org/resources-programs

www.sprc.org
ZS Toolkit for Indian Country

Source: http://zerosuicide.sprc.org/toolkit/indian-country
National Action Alliance for Suicide Prevention

- Hope for Life Day Toolkit
- Framework for Successful Messaging
- Messaging
  - News Media
  - Entertainment Media
- Framework for Successful Messaging

Source: https://theactionalliance.org/communities/american-indian-alaska-native

www.sprc.org
Framework for Successful Messaging

Four Framework Elements

Source: http://suicidepreventionmessaging.org/
Questions?
Native American Heritage Month

Be on the look out for the Weekly Spark to explore and share resources to help prevent suicide in AI/AN communities:

SPRC Weekly Spark
November Issue dedicated to National Native American Heritage Month
Spread the word about your prevention work on social media: #hashtags

Social media hashtags help users find messages on a specific topic. Use these hashtags when you post about your suicide prevention work:

- #suicide
- #suicideprevention
- #AIAN
- #NativeAmericanHeritageMonth
Spread the word about your prevention work on social media: @handles

- **SPRC**: @SPRCtweets
- **EDC**: @EDCtweets
- **Action Alliance**: @Action_Alliance
- **SAMHSA**: @samhsagov
- **Indian Health Service**: @IHSgov
- **National Indian Health Board**: @NIHB1
- **National Council of Urban Indian Health**: @NCUIH_Official
- **National Congress of American Indians**: @NCAI1944
- **National Indian Education Association**: @WereNIEA
- **Bureau of Indian Education**: @BureauIndianEdu
- **Center for American Indian Health**: @JHUCAIH
- **National Indian Child Welfare Association**: @NativeChildren
- **Center for Native American Youth**: @Center4Native
- **The Urban Indian Health Institute**: @TheUIHI
- **Association of State and Tribal Health Officials**: @ASTHO
- **American Public Health Services Association**: @APHSA1
- **American Foundation for Suicide Prevention**: @afspnational
- **CDC**: @CDCInjury
- **Council of State and Territorial Epidemiologists**: @CSTEnews
- **National Center for Fatality Review and Prevention**: @NationalCFRP
- **National Institute of Mental Health**: @NIMHgov
- **National Child Traumatic Stress Network**: @nctsn
Visit SPRC.org

**Sign up** for SPRC’s *Weekly Spark* newsletter for the latest news, research, and announcements.

**Discover** how to apply suicide prevention best practices with SPRC’s Effective Suicide Prevention Model.

**Explore** a library of suicide prevention programs with evidence of effectiveness.

**Learn** at your own pace with online courses, learning labs, and brief videos.

**Access** a wealth of resources, including toolkits, fact sheets, success stories, and more!

**Find** information on suicide prevention efforts in your state.
Contact Us

Thank you!

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edc.org
SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)