



LGBTQ2-S Youth Suicide Prevention Resources

General

Best Practices Registry for Suicide Prevention customized LGBT search

http://www.sprc.org/search/bpr/?filters=sm_resource_type%3Abpr_listing%20id%3A251

This search includes LGBTQ-specific gatekeeper trainings, brochures, student trainings, and more. The purpose of the Best Practices Registry (BPR) is to identify, review, and disseminate information about best practices that address specific objectives of the National Strategy for Suicide Prevention. The BPR is constantly being updated.

Family Acceptance Project

<http://familyproject.sfsu.edu/>

This is a community research, intervention, education and policy initiative that works to decrease major health and related risks for LGBT youth, such as suicide, substance abuse, HIV and homelessness – in the context of their families. We use a research-based, culturally grounded approach to help ethnically, socially and religiously diverse families decrease rejection and increase support for their LGBT children.

Haas, A., et al. (2010). Suicide and Suicide Risk in Lesbian, Gay, Bisexual, and Transgender Populations: Review and Recommendations. *Journal of Homosexuality* 58(1), 10-51.

<http://www.tandfonline.com/doi/abs/10.1080/00918369.2011.534038>

This article addresses the need for better understanding of suicidal behavior and suicide risk in sexual minority populations, and stimulate the development of needed prevention strategies, interventions and policy changes. This article summarizes existing research findings, and makes recommendations for addressing knowledge gaps and applying current knowledge to relevant areas of suicide prevention practice.

Parents, Families, and Friends of Lesbians & Gays (PFLAG)

<http://www.pflag.org>

This group promotes the health and well-being of gay, lesbian, bisexual, and transgender individuals and their families and friends. PFLAG's website contains sections on support, education, and advocacy.

SPRC's LGBTQ2-S Community of Practice

http://www.sprc.org/private_pages/cop?order=field_cop_type_value&sort=asc

Recordings, handouts, and notes from the 2011-2012 Community of Practice. On the GLS grantee Private Pages (login required).

SPRC's LGBTQ2-S Community of Practice Resource Sheet

http://www.sprc.org/sites/sprc.org/files/private_page_materials/LGBTQ2-S%20Resource%20Document.pdf

A more in-depth but older version of this resource sheet, which includes grantee examples, and additional resources for special LGBTQ topics such as substance abuse, mental illness, and training

clinicians; and special LGBTQ2-S populations/settings such as Two Spirit, transgender, homeless, foster care, and juvenile justice. On SPRC grantee Private Pages (login required).

SPRC online library customized LGBT search

http://www.sprc.org/search/library/?filters=type%3Alibrary_resource%20tid%3A251

The SPRC online library is continually updated with new resources.

Suicide prevention among LGBT youth: A workshop for professionals who serve youth

<http://sprc.org/training-institute/lgbt-youth-workshop>

This workshop kit provides all materials necessary to host a workshop to help staff in schools, youth-serving organizations, and suicide prevention programs take action to reduce suicidal behavior among lesbian, gay, bisexual, and transgender (LGBT) youth. Topics covered include suicidal behavior among LGBT youth, risk and protective factors for suicidal behavior, strategies to reduce the risk, and ways to increase cultural competence. It includes a Leader's Guide, sample agenda, PowerPoint, sample script, and handouts lecture, and small group exercises.

Suicide and bullying: Issue brief

http://www.sprc.org/sites/sprc.org/files/library/Suicide_Bullying_Issue_Brief.pdf

This issue brief examines the relationship between suicide and bullying among children and adolescents, with special attention to lesbian, gay, bisexual, and transgender (LGBT) youth. It also explores strategies for preventing these problems.

Trevor Project

<http://www.thetrevorproject.org/>

The Trevor Project is determined to end suicide among LGBTQ youth by providing life-saving and life-affirming resources including our nationwide, 24/7 crisis intervention lifeline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone.

Specific Populations and Settings

Bisexual Resource Center

<http://biresource.net/>

The Bisexual Resource Center (BRC) envisions a world where love is celebrated, regardless of sexual orientation or gender expression. Because bisexuals today are still misunderstood, marginalized and discriminated against, the BRC is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people.

Injustice at every turn: A Report of the National Transgender Discrimination Survey

http://transequality.org/PDFs/NTDS_Report.pdf

The National Gay and Lesbian Task Force and the National Center for Transgender Equality (NCTE)'s comprehensive report reveals the depth of discrimination against transgender and gender non-conforming people in a wide range of areas, including education, health care, employment, and housing.

No longer alone: A resource manual for rural sexual minority youth and the adults who serve them

<http://nolongeralone.com/assets/NoLongerAlone.pdf>

This resource manual assists concerned adults in creating safe environments for rural gay youth. Includes information for students, teachers, and social service providers. Offers a comprehensive list of resources.

Preventing suicidal behavior among lesbian, gay, bisexual and transgender youth: Developing LGBT cultural competence

<http://www.sprc.org/sites/sprc.org/files/library/PreventingSuicidalBehaviorLGBTYouth.pdf>

Lists criteria for agencies, schools and the individuals who work for them to assess LGBT cultural competence, with an emphasis on suicide risk among LGBT youth.

Supporting & Outreaching to Our Native LGBTQQ/Two-Spirit Youth

<http://www.sprc.org/news-events/events/tribal-learning-collaborative-supporting-and-outreaching-our-native-lgbtqqtwo-spi>

Archived webinar and resource list from SPRC's Tribal Learning Collaborative

Transgender suicide prevention brochures and videos

<http://www.masstpc.org/issues/suicide-prevention/>

Saving Our Lives: Transgender Suicide Myths, Reality, and Help (available in English, Spanish and Portuguese) and *Preventing Transgender Suicide: An Introduction for Providers* are two brochures by the MA Transgender Political Coalition.

Data and Policy

LGBTData.com

<http://www.lgbtdata.com/>

Collected and categorized here you will find numerous datasets and links to rich data sources that are essential to LGBT health research, researchers, students, advocates and anyone interested in scientific-based information about LGBT people and populations.

LGBT Populations: A Dialogue on Advancing Opportunities for Recovery from Addictions and Mental Health Problems

<http://store.samhsa.gov/product/LGBT-Populations-A-Dialogue-on-Advancing-Opportunities-for-Recovery-from-Addictions-and-Mental-Health-Problems/SMA13-4774>

Recaps a meeting to identify factors that promote or hinder recovery from mental illness or substance abuse for lesbian, gay, bisexual, or transgender (LGBT) individuals and to gain an understanding of their perspectives and experiences in advancing recovery. Includes recommendations for organizations and individuals, as well as SAMHSA's action steps.

The Williams Institute

<http://williamsinstitute.law.ucla.edu/>

The Williams Institute advances sexual orientation and gender identity law and public policy through

rigorous, independent research and scholarship, and disseminates it to judges, legislators, policymakers, media and the public.

Safe and Effective Messaging

Meadow, T. "Queer Children Are Dying... But Many More Are Living." Huffington Post online, Jan. 20, 2012.

http://www.huffingtonpost.com/tey-meadow-jd-phd/gay-suicide_b_1218124.html?ref=tw

Article highlights the need for positive messaging relating to LGBTQ youth and suicide prevention.

Talking about suicide and LGBT populations

<http://www.lgbtmap.org/talking-about-suicide-and-lgbt-populations>

A consortium of organizations issued these recommendations to guide both news and social media in safe reporting of suicide events among LGBT populations that may be related to bullying. The recommendations are intended to promote vital, thoughtful public discussion about the issue and prevent contagion associated with sensational language. Available in English and Spanish.