Cohort 6 State and Tribal Small Group Discussion Guide
(Please sit with people you don’t know yet!)

1. **Introductions** (5 minutes)
   → Go around the table and introduce yourselves to the group (name, grant program you work with, role on the grant).

2. **Sustainability Strategies** (25 minutes)
The SPRC Sustainability Study identified 5 key areas that were critical for grantees to continue suicide prevention work beyond the end of the grant.
   → Go around the group to share strategies each site has used to strengthen the 5 key areas listed below (go in any order you choose):

   **Adopt a Sustainability Mindset** (keep sustainability in mind as you make large and small decisions for your project):

   **Build Momentum** (engage community and stakeholders to build support for suicide prevention across the community):

   **Foster Strong Leadership** (recruit strong leaders and/or build key leadership skills):

   **Cultivate Partnerships** (engage diverse partners, define coalition/task force purpose, build partner ownership)

   **Secure Additional Resources** (partner contributions, new grants, funding from State or Tribal leadership)
3. New Ideas for Your Site’s Legacy (5 minutes)

Based on the strategies you heard from your colleagues, write down some ideas of how you could address or enhance what you’re already doing to sustain suicide prevention in your community that you could implement when you get home.

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

4. Large Group Reflection (10 minutes)

Think about something you’d like to share with the larger group: perhaps a challenge you’re still looking for ideas on or your big takeaway from what you’ve heard. Raise your hand when you’re ready to share and the facilitator will bring the microphone to you.

Still need ideas for sustainability? Your SPRC Prevention Specialist can help!

Your PS can help you brainstorm strategies, provide resources, and connect you with similar grantees who have been able to sustain their work beyond the grant.