Cohen Veterans Network

Overview
2018
The views, policies, and opinions expressed in written conference materials or publication and by speakers and moderators do not necessarily reflect the views, opinions, or policies of SAMHSA or HHS; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
Launched publicly in 2016, CVN was created to serve post-9/11 veterans and their families through client-centered, customized outpatient care at our Steven A. Cohen Military Family Clinics.

The 501(c)(3) nonprofit clinically integrated health system supports the veteran community as they begin their next mission: healthy and happy lives.
The Cohen Veterans Network’s mission is to improve the quality of life for post-9/11 veterans and their families by providing **low to no cost, high-quality, accessible, and integrated mental health care**. Through a network of outpatient mental health clinics, trained clinicians deliver **holistic evidence-based care** to treat mental health conditions, while destigmatizing mental health treatment.
Our **Cohen Clinics** provide an innovative model to the industry:

- Access is our top priority, with short wait times and same day care
- Low to no cost for treatment
- For veterans, family members, caregivers, and children
- Regardless of discharge status and combat experience
- Confidential care
- Telehealth available
- Referral support for unemployment, housing, finances, etc.
## RESULTS

Data captured through February 2018.

### Clients Served

<table>
<thead>
<tr>
<th>Demographics</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Veterans:</td>
<td>53%</td>
</tr>
<tr>
<td>Family members:</td>
<td>47%</td>
</tr>
<tr>
<td>Female veterans:</td>
<td>26%</td>
</tr>
</tbody>
</table>

### Wait Time

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 7 day wait:</td>
<td>90%</td>
</tr>
<tr>
<td>Less than 1 day wait:</td>
<td>75%</td>
</tr>
</tbody>
</table>

### Most Common Diagnoses

- Depression and PTSD
- Transitional Issues
- Relationship difficulties

### Top 3 Referral Sources

1. VA
2. Media/Marketing
3. Word-of-mouth
Our components of innovative care:

• Clinical screenings & assessments
• Evidence-based therapies
• Military cultural competence
• Network referrals for community resources, continued support
• Electronic Health Record
• Ongoing clinical training for providers
Cohen Veterans Network
72 Cummings Point Road
Stamford, CT 06902
844-336-4226

www.cohenveteransnetwork.org

Cohen Veterans Network

@CohenVeterans

Cohen Veterans Network