Streamline Your Success:
How to Use SPRC to Your Advantage

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Our Partners
Overview

• How SPRC can help
• Connecting with other grantees
• Efficiency with TA requests
• Tools/Resources Available
About SPRC

- Funded since 2002 by SAMHSA, housed at EDC
- Training and Technical Assistance for SP Grantees and State leadership
- Support for health and behavioral health care organizations
- Secretariat support for the National Action Alliance for Suicide Prevention
- Library of programs with evidence of effectiveness
- The Weekly Spark newsletter with the latest news and research
- Guidance for your effective prevention approach
- Online, self-paced learning modules
- Toolkits, fact sheets, guides, reports, and more
Core Competencies

Suicide Prevention Resource Center

Core Competencies for Suicide Prevention Program Managers

SPRC has been providing technical assistance to states and tribes for 15 years since 2005. Over the years, we have observed that successful suicide prevention programs often share similar characteristics.

The core competencies listed in the model below are based on our experience working with 850 grantees and other stakeholders in the field. Each of the 11 competency areas includes specific knowledge, practices, and skills that can help advance your program’s impact.

User login

Successful sustainability planning is an ongoing process that you should begin early in your grant and revise often throughout program planning and implementation. It may be unrealistic to expect that all of your efforts will be sustained at the same level and intensity after your grant, so it is important to prioritize what efforts to maintain.

Consider focusing your efforts on sustaining the strategies that have had the most impact and are most needed.

Evaluation data can assist you in deciding which efforts are working best and should be your top priorities to sustain. Additionally, it can be helpful to look at which functional areas would benefit from additional support, including partnerships with agencies or departments, and how you can prepare your partners to take on these responsibilities.

It is also important to document your successes, approaches, and procedures throughout the grant period to ensure continuity after the grant ends and to show what has been accomplished.

The following core competencies can help you attain and maintain your program’s sustainability success.

Core Competencies

1. You consistently include sustainability considerations in program planning and implementation.
2. You provide (or help to create) after-grant funding efforts, based on what has worked best, that is most needed, and that can sustainability be gained.
3. You plan for leadership succession in different program areas and program components by building organizational and partner capacity to take on key functions.
4. You implement policy and other lasting changes to sustain suicide prevention and protection.
5. You document program successes, approaches, and procedures, and strategies that have best to communicate program results.

How Your SPRC Prevention Specialist Can Help

Your Prevention Specialist can:

1. Provide you with sustainability tools and resources developed specifically for all grants.
2. Help you identify what components of your program should be prioritized and assess if you are developing a plan to keep these efforts sustained in the long term.
3. Ensure you are documenting what you are doing and helping you to achieve your grant goals and outcomes.

User login

www.sprc.org

Streamline Your Success

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Consult us Early

- We will have more time to brainstorm options and locate resources
- You will have more time to overcome barriers before they turn into major setbacks
- Ex. (Perhaps you have let your GPO know that you need to modify grant goals. We can assist with strategic planning around that)
- Don’t hesitate to tell us when you’re having challenges and what they are
  - We’re here to help!
Example TA Requests: Posters

Early in process

• “We have developed a poster we would like for our agencies to post in order to raise awareness on how to intervene and the resources available in the community. We’re not sure if it aligns with safe messaging. Can you take a look and give us feedback?

Post-development

• “We have developed a poster and have asked our agencies to post them in their lobbies. We have printed roughly 200 copies to disseminate throughout the community. A few of our agencies have started to hang them in the counseling rooms as well. Can you take a look and give us feedback on it?
Tips on Using your Prevention Specialist

Develop a Specific “Ask:”

- Let your Prevention Specialist know what resources you have already explored
- Be as detailed as possible with your request (who, how, why, what you’ve already looked at, time frame)
- Include questions in monthly call agenda and send out 5 days in advance
Eliminating Back and Forth on TA Requests

Vague

• “We would like to create a PSA for the community. Do you have any resources on what we should include?”
  • Leads to more questions
  • Less efficient in providing you with time-sensitive support

Detailed

• “We would like to create a PSA that targets middle school youth and focuses on increasing help-seeking. We would also like to use this platform to inform the audience of our community resources. Are there any guidelines on messaging around PSAs and who to involve in the development process?”
What Have Others Grantees Done?

SPRC Garrett Lee Smith State-Tribal Grantee Listserv:

• Ask about programs, data collection, tips, marketing, product development, connect with other grantees, network

• If your question is relevant to campuses, we can also forward it to the SPRC Garrett Lee Smith Campus/Alumni Listservs

SPRC Private Pages:

• Each grantee staff person can get their own login

• Private pages include products and programs developed by other grantees

• Best practice to ask other grantees for permission prior to utilizing their programs/products
Helpful Tools

• Communities of Learning (currently for Tribal grantees) and Communities of Practice
• Upcoming Communications Series
• Archived webinars on SPRC site
• Grantee Resources page
• Grantee Pages
• Online trainings (especially helpful for new grant staff)
• Virtual Learning Labs - State and Campus
  • http://www.sprc.org/virtuallearninglab/state-virtual-learning-lab
  • http://www.sprc.org/virtuallearninglab/virtual-learning-lab-campus-suicide-prevention
• Weekly Spark
Questions?
National Resources

Education Development Center:
www.edc.org

Suicide Prevention Resource Center:
www.sprc.org

Substance Abuse and Mental Health Services Administration:
www.samhsa.gov

National Action Alliance for Suicide Prevention:
www.actionallianceforsuicideprevention.org

The JED Foundation
https://www.jedfoundation.org/

American Indian/Alaska Native Suicide Prevention:
http://www.sprc.org/populations/aian
Thank you!

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