Preserving our Future

SAMHSA GLS Grantee Meeting
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65,000 voices
To Share

- Southcentral Foundation Nuka System of Care
- History of Suicide Prevention on the Alaska Native Health Campus in Anchorage
- How our work relates to the Zero Suicide effort
Vision
A Native Community that enjoys physical, mental, emotional and spiritual wellness

Mission
Working together with the Native Community to achieve wellness through health and related services
Goals

Shared Responsibility
Commitment to Quality
Family Wellness
Customer-Ownership
Operational Principles

Relationships between customer-owner, family and provider must be fostered and supported

Emphasis on wellness of the whole person, family and community (physical, mental, emotional and spiritual wellness)

Locations convenient for customer-owners with minimal stops to get all their needs addressed

Access optimized and waiting times limited

Together with the customer-owner as an active partner

Intentional whole-system design to maximize coordination and minimize duplication

Outcome and process measures continuously evaluated and improved

Not complicated but simple and easy to use

Services financially sustainable and viable

Hub of the system is the family

Interests of customer-owners drive the system to determine what we do and how we do it

Population-Based systems and services

Services and systems build on the strengths of Alaska Native cultures
Core Concepts

**Work** together in relationship to learn and grow

**Encourage** understanding

**Listen** with an open mind

**Laugh** and enjoy humor throughout the day

**Notice** the dignity and value of ourselves and others

**Engage** others with compassion

**Share** our stories and our hearts

**Strive** to honor and respect ourselves and others
Leadership Principles

Operate from the strength of Alaska Native cultures and traditions of leadership.

Will stand in the gap to align and achieve the mission and vision.

Nurture an environment of trust that encourages buy-in, systematic growth and change.

Encourage ownership of responsible, calculated risk taking.

Expect and grow the skills of future generations to drive initiatives and improvements.

Share and listen to personal life stories in order to be transparent and accountable.

Edge people in by creating a safe environment where spiritual, ethical and personal beliefs are honored.

Improve for the future by learning from the past, giving away credit and celebrating achievements.

Practice and encourage self-improvement believing there is good in every person.
Purpose Driven Process

- Mission & Vision
- Goals
- Corporate Objectives
- Corporate Initiatives
- Department Work Plans
- Employee Development Plans
Integration +

- Board of Directors
- Executive Leadership
- Medical Division
- Behavioral Health Division
- Support Services
Support Services

- Nuka Wellness & Learning Center
- Quality Improvement
- Research, Evaluation, & Data Mall
- Planning and Grants
- Finance & Accounting
- Human Resources
Nuka System of Care

- Guided by the vision & mission of SCF
- Customer-Owner Centered Health Care System
- Strong relationships between Caregivers & Customer-Owners
- Longitudinal journey to wellness
- Culturally Driven Learning Circles
- Employee development is key to the system
Total Population is around 740,000 with about 17% AN/AI

Highest suicide rate per capita in the nation

In 2015, there were 200 suicides in Alaska, 32% by AN/AI

Between 2000 & 2009, at least one suicide happened in each of 179 communities (281 communities total)

While the tenth leading cause of death nationally, suicide was the 5th leading cause of death in Alaska in 2015
Surveys & Input Drive our Goals: Corporate Initiatives

- Shared Responsibility
- Commitment to Quality
- Family Wellness
Family Wellness

- Reduce the rate of domestic violence, child abuse and neglect
- Reduce the rate of substance abuse
- Reduce the rate of cardiovascular disease
Suicide Prevention

- High suicide rates have always been a concern of SCF
- Strategy sessions began in earnest after a 2000 Surgeon General’s Call to Action to Prevent Suicide.
- A SCF Suicide Prevention Steering Committee was formed
- The SCF BURT Program was implemented in 2003
- The SCF Suicide Prevention Plan was approved in 2014
Unique/Innovative Care

- BURT
- Quyana Clubhouse – Integration of PCC into BSD
- Co-location/Integrated health
- Access to Recovery
- Cross-functional Collaboration including Traditional Healing
- Health Management “POD” structure
Supporting Policies

- BSD Crisis Intervention Procedure
- BSD Coordination & Communication Procedure
- Denaa Yeets’ Admissions Procedure
- Denaa Yeets’ Service Plan Procedure
- Family Wellness Procedure
- Psychiatric Emergency Response Procedure
Prevention Strategies Inventory

SUICIDE PREVENTION STRATEGIES

- Direct Service/Traditional Healing
- Outreach & Awareness
- Gatekeeper Training
- Assessment, Clinical & Referral Training
- Life Skills & Wellness Dev.
- Screening Programs
- Hotlines/Helplines
- Means Restriction
- Coalitions/Partnerships
- Policies/Protocols
- Other Prevention Strategies
“Storytelling” is critical to our work at SCF

The data collected for our Prevention Strategies is “story”
Thank You!