Choctaw Nation Health Services Authority
Behavioral Health
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The views, opinions, and content expressed in this publication do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).
- Choctaw Nation is comprised of 125,000 square miles in Southeastern Oklahoma.
- The size of these 10 ½ counties is roughly equal to the size of the state of Vermont.
- The Choctaw Nation employs almost 10,000 individuals.
- In the 10 ½ counties there are close to 60,000 members and worldwide there are approximately 220,000 members.

Choctaw Nation Information
Services
- 9 Clinics
- 37 Licensed Therapists
- Specialty Clinics
- 10 Wellness Centers
- Diabetes Wellness
- Prevention Services
- Youth Center
- Chi Hullo Li
- Men’s Recovery Center

Issues
- Rural Locations
- Transportation
Just the Facts:

- SAMHSA GLS awarded to CNHSA in September 2015
- Cohort 10
- Suicide Prevention for youth 10-25 years of age
- Funded 3 outpatient clinicians
  - 3 separate counties
  - Highest suicide rates in the 10 ½ counties
  - Traditional counseling, crisis intervention, innovative new ways to reach youth
Suicide Prevention at the Clinician level

- Unique Therapies
  - CAMS
  - Equine Therapy
  - EMDR
  - Pastoral Counseling
- PHQ 9
- Columbia Suicide Severity Rating Scale (C-SSRS)
- Electronic Health System – EHR
  - Suicide Reporting Form
The Collaborative Assessment and Management of Suicidality (CAMS) identifies and targets *Suicide* as the primary focus of assessment and intervention...

CAMS assessment uses the Suicide Status Form (SSF) as a means of deconstructing the “functional” utility of suicidality; CAMS as an intervention emphasizes a problem-focused intensive outpatient approach that is suicide-specific and “co-authored” with the patient...
Information

❖ Houses approximately 190 co-ed students

❖ Grades 1-12

❖ From as many as 29 tribes

❖ Over 70 staff members

❖ BH Department- 4 clinicians

❖ Summer School Programs

Jones Academy Indian Boarding School
Hartshorne, Oklahoma
Suicide Prevention at the Administrative Level

- **System Change**
  - Zero Suicide Team implemented January 2016
  - QPR for all CNHSA new employees
  - Suicide Prevention module in annual training
  - QPR for ALL CNO employees
  - Depression screening for patients 12-18
  - Suicide Alert System in place in EHR
  - Chief Batton’s proclamation Mental Health Month- May 2017
  - New suicide screening in emergency room
How do we do it all?

Collaboration and Partnership

• SAMHSA Zero Suicide
• SPRC
• IHS MSPI/DVPI grants
  ○ Bullying prevention @ Jones Academy-
  ○ Tae Kwon Do, CrossFit, Stickball, running.
• SAMHSA Native Connections-ER counselor
Choctaw Nation
Brief Impact Data
Garrett Lee Smith Project

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COUNCIL OAK TRAINING AND EVALUATION
AND
VERONICA BOATRIGHT
CHOCTAW NATION
Effective Evaluation of Systems Change

- Evaluation must be inclusive
- Evaluation must be collaborative
- Evaluation must be creative in methodology
- Evaluation must be efficient
- Evaluation in culturally based programs must include qualitative methods
October 2015 through December 2017

- 222 admissions
- 1,622 treatment sessions
- 84 QPR trainings
  - 64 QPR trainings to CNO staff
- 1,169 persons trained on QPR
- 362 CNO staff trained
- 58 CAST sessions at Jones Academy
  - 81 students attended sessions
Data Sources

• Columbia Suicide Severity Rating Scale: http://www.integration.samhsa.gov/clinicalpractice/Columbia_Suicide_Severity_Rating_Scale.pdf


• Pre and Post Client Data Screening Survey:
  • “Is there a suicide risk?
  • How do you rate family support?

• Client Log to Participate in Local and National Evaluation

• Training Cover Sheet

• QPR pre/post test: www.nrepp.samhsa.gov/ViewIntervention.aspx?id=299