Matthew B. Wintersteen, PhD
Thomas Jefferson University
Pennsylvania State GLS Grant Team
What do we do?

Collaborative learning environment to generate sustainable campus-based ideas to address the needs of students at increased risk for suicide
Who are we?

• Over 100 PA campuses involved (out of 181)
• 80 Campuses, 8 States represented at 2016 conference
Protected: Higher Education Suicide Prevention Coalition

Welcome to the Pennsylvania Higher Education Suicide Prevention Coalition page. This is a private page for those participating in the coalition. This allows us to share content with each other that we may not want to have available to the general public.

If you would like something posted here, please contact Rose Milani.
Announcements

**Conference:** Registration is now open for the First Annual Higher Education Suicide Prevention Coalition Conference on March 7 & 8, 2016 in Philadelphia. Our plan is to hold this conference in different parts of the state each year. Click here for more information and to register!

**HESPC Mini-Grants:** We are now taking proposals to apply for a mini-grant for suicide prevention programming and activities on your campus. Full information and application can be found by viewing the following documents. Our Q&A meeting was hosted on Tuesday, January 26 via Zoom, to view the meeting please click on the Vimeo link below.

Mini Grant Process
Mini Grant Application
Mini Grant Rubric

Questions about either of the above announcements can be sent to Rose Milani.

Upcoming Meetings

We use Zoom web conferencing platform for our monthly meetings. If you have not used Zoom before, please visit the information page to find out how to download the software onto your computer, or the app onto your hand held device.

There are currently no meetings scheduled for February due to planning for the conference. We will host meetings at the end of March related to post-conference topics. Please stay tuned for updates about future meetings.
Mini-Grants

- **Purpose:** provide financial assistance to campuses across the Commonwealth who are interested in either initiating a suicide prevention program or activity on campus or are in need of supplementary funds to support a program or activity on their campus.

- **Funds:** Up to $750 for up to 10 campuses per year

- **Deadline:** Rolling (FY16 funds end April 1, must be spent by June 30)

- **FY17 Mini-Grants** to open April 2016 (funding window from 7/1/16-6/30/17)
Pennsylvania Higher Education Suicide Prevention Coalition

Mini-Grant Application

Name ___________________________  Today’s Date ___________________________

College/University ___________________________

Address ____________________________________________

Phone Number ___________________________  Position ___________________________

Amount Requested ___________________________  Start Date ___________________________

End Date ___________________________

How will the funds be used?

What is the purpose of your project and how will this support suicide prevention on your campus?
<table>
<thead>
<tr>
<th>Purpose</th>
<th>2</th>
<th>1</th>
<th>0</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purpose is well defined and consistent with some aspect of suicide prevention</td>
<td>Purpose is defined and consistent with some aspect of suicide prevention but lacks detail</td>
<td>Purpose is unclear or does not have a defined focus on some aspect of suicide prevention</td>
<td></td>
</tr>
<tr>
<td>Planned Activity</td>
<td>Proposed activity is clearly articulated and consistent with the purpose</td>
<td>Proposed activity is defined but lacks some specific details</td>
<td>Proposed activity is vague or unclear</td>
</tr>
<tr>
<td>Student Involvement</td>
<td>Students are involved in BOTH planning and facilitation of activity (e.g. leading an activity, collecting registration, set up/clean up, or other support on the day of activity)</td>
<td>Students are involved in EITHER planning or facilitation of activity</td>
<td>No students were involved in planning or facilitation of activity (even though the event may be for students on campus)</td>
</tr>
<tr>
<td>Other Faculty/Staff Involvement</td>
<td>Collaboration across departments in BOTH planning and facilitation of activity (e.g. if the grant recipient is from the Counseling Center, they are also working with another Department or entity on campus, such as Residence Life, to plan for activity and support on the day of activity)</td>
<td>Collaboration across departments in either planning OR facilitation of activity</td>
<td>No collaboration across departments (even though the event may be for faculty/staff)</td>
</tr>
<tr>
<td>Potential Impact</td>
<td>Proposed activity may impact large group of individuals or have a significant impact on a targeted but smaller group of individuals</td>
<td>Proposed activity may impact a small number of individuals</td>
<td>Impact is unclear or undefined</td>
</tr>
<tr>
<td>Sustainability</td>
<td>Proposal has a plan for examining the sustainability for this or other similar activities in the future</td>
<td>Proposal has some details that allude to sustainability, but no plan for examining sustainability</td>
<td>No efforts are defined to examine sustainability</td>
</tr>
<tr>
<td>Evaluation</td>
<td>Proposal includes details on how the impact will be evaluated (quantitative or qualitative)</td>
<td>Proposal alludes to the potential for evaluation, but not well defined</td>
<td>No evaluation planned</td>
</tr>
<tr>
<td>Feasibility of Completion within Timeline</td>
<td>Proposed activity has a clear timeline which includes completion by the stated end date</td>
<td>Proposed activity has a timeline, but may not be completed by stated end date</td>
<td>Proposed activity has no timeline or it seems unlikely that the activity will be completed by the stated end date</td>
</tr>
<tr>
<td>Budget &amp; Justification</td>
<td>Proposed activity is within the allowable budget and all activities are justified with sufficient detail</td>
<td>Proposed activity is within the allowable budget but justification lacks specificity</td>
<td>Proposed activity is over budget or the budget is not adequately justified</td>
</tr>
</tbody>
</table>

TOTAL

*Note = “Large group” is relative to what is generally seen at similar events or activities on your campus. Feel free to define this in your application, if needed.

Total points = ________________________________

Note: A minimum score of 9 is necessary to be considered for funding
Previous HESPC Meetings

All previously recorded meetings can be found by going to: https://vimeo.com/album/3286607. The password is the same as the password for this page. Resources mentioned in the videos can be found below.

**January 21, 2016: Behavioral Intervention Team Panel**

Resources [January 21st Resources Document](#)

**November 17, 2015: Working with Veterans on Campus**

This meeting began by watching excerpts from the training video below. The meeting recording is the responses of those who were present at the meeting.


**October 22, 2015: Increasing Buy-in of Key Stakeholders on Campus**

This meeting was not recorded click here for the [meeting minutes](#)

**October 29, 2015: Working with LGBTQ Students on Campus**

For this meeting we invited Julie Ebin from the Suicide Prevention Resource Center to join us.

Resources: [October 29 Resources Document](#)

[LGBTQ Campus Survey](#) – This survey was created by a higher education suicide prevention coalition in the state of Missouri. It is currently in the draft stage, however they were willing to share the questions with us as a reference.

**May 27, 2015: Developing and Implementing Suicide Prevention Awareness Campaigns 1**

Resources: [May 27 Resources Document](#)
Resources

HESP C Contact List

HESP C Needs Assessment

HESP C Annual Face-to-Face Meeting Date Question

Suicide Among College and University Students in the United States

Bibliography of Campus Research
Introducing the New Message Board!

www.payspi.org/hespc/messageboard
WELCOME TO THE MESSAGE BOARD

The purpose of the message board is for HESPC members to further collaborate around suicide prevention efforts in higher education. This is your message board, so please feel free to create groups and connect with one another. All items will be archived on this site for your future reference.
2016 HESPC Conference
March 7-8, Philadelphia
Campus swap

Drop off items Tuesday 8:00-8:30am at Registration Desk
Check out the Vendors
May 5, 2016
10:00 A.M. – 3:00 P.M.
Hershey Convention Center

Save the Date

Emerging Opportunities to Prepare Teacher Candidates to Meet the Social, Emotional and Behavioral Needs of Diverse Learners in PK – 12 Schools.
Suicide Prevention Night at the Philadelphia Phillies

Friday, May 20, 2016
7:05 PM
vs. Atlanta Braves

Visit www.payspi.org and click on the slider for more information.
Thank you!