



Safety planning guide: A quick guide for clinicians

Date: 2009(For resources, this is the publication date. For programs, this is the date posted.)



Information

Type: Guidelines/Recommendations

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Publisher: Education Development Center, Inc. (EDC)

See This Resource

[Safety Planning Guide: A Quick Guide for Clinicians](#) [1]

This quick guide for clinicians may be used to develop a safety plan - a prioritized written list of coping strategies and sources of support to be used by patients who have been assessed to be at high risk for suicide.

The authors strongly recommend that the guide be used after reviewing the [Safety plan treatment manual to reduce suicide risk](#) [2]. You can learn more about safety planning through the authors' [Safety Planning website](#) [3]

Settings: Behavioral Health Care, Outpatient Mental Health
Strategies: Effective Care/Treatment, Safety Planning

Links within this resource

[1] <http://www.sprc.org/sites/sprc.org/files/SafetyPlanningGuide%20Quick%20Guide%20for%20Clinicians.pdf>



Suicide Prevention Resource Center

[2] <http://www.sprc.org/resources-programs/safety-plan-treatment-manual-reduce-suicide-risk-veteran-version>
[3] http://suicidesafetyplan.com/Home_Page.html

Printed on 09/18/2019 from <https://www.sprc.org/resources-programs/safety-planning-guide-quick-guide-clinicians>

The Suicide Prevention Resource Center at EDC is supported by a grant from the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), under Grant No. 5U79SM062297.

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