



Managing student-athletes' mental health issues

Date: 2007 (For resources, this is the publication date. For programs, this is the date posted.)

Information

Type: Manual
Author: Thompson RA, Sherman RT.
Publisher: National Collegiate Athletic Association (NCAA)

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The purpose of this handbook is to assist coaches in identifying student-athletes who may be having difficulty and to help coaches learn to respond appropriately and effectively with those student-athletes. Chapters provide information on mood disorders (includes suicide intervention), anxiety disorders, eating disorders, substance abuse and management issues.

Links within this resource

[1] https://www.ncaa.org/sites/default/files/2007_managing_mental_health_0.pdf

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