



Suicide Prevention Multicultural Competence Kit

Date: 2010(For resources, this is the publication date. For programs, this is the date posted.)

Information

Type: Program/Practice, Education/Training Program

Organization: PACE University Counseling Center

Costs:

Multicultural Competence Kit materials are available at no charge. Contact Richard Shadick or visit the Pace University Counseling Center website (<http://www.pace.edu/counseling-center/> [1]) for more information.

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Developed by Pace University, the *Suicide Prevention Multicultural Competence Kit* is geared toward developing multicultural competence among mental health professionals who work with diverse college students, and also among community members of a college or university (i.e., faculty, staff, administrators, and students). Its aim is to help people understand the mental health needs of diverse students in order to prevent suicide. Through an interactive one-hour PowerPoint presentation, participants learn about how discrimination of all kinds leads to negative mental health outcomes, how stigma prevents help-seeking, and how an understanding of diversity can help people connect a depressed or suicidal student with the help they need. The presentation comes with ancillary training resources including fact sheets (with self-study quizzes), training vignettes, bibliographies, student and parent brochures, resource lists, public service announcement suggestions, and a poster.

Multicultural Competence Kit materials are based on a literature review of topic areas, a search of suicide education and prevention websites, and focus groups with faculty, staff, administrators, students, mental health professionals, and suicide prevention experts.

Program Objectives

At the end of training, participants will have:



1. Increased knowledge of suicide facts and trends with diverse populations.
2. Increased knowledge about suicide warning signs and risk factors for minority students.
3. Increased knowledge of the impact of hate and discrimination on the mental health of minority students.
4. Increased ability to facilitate help-seeking behavior of minority students.

Implementation Essentials

- Trainers should be aware of available resources for minority students who may be at risk for suicide, and should provide trainees with this information.
- Trainers should be aware of relevant institutional protocols and guidelines regarding the identification, referral, and care of students who are at risk for suicide, and make these part of their training.

2012 NSSP Objectives Addressed:

Objective 7.1: Provide training on suicide prevention to community groups that have a role in the prevention of suicide and related behaviors.

Links within this resource

[1] <http://www.pace.edu/counseling-center/>

[2] <mailto:shadick@pace.edu>

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