



North Carolina State University

Program Name: Suicide Prevention Program
Grant Type: Garrett Lee Smith Campus
Grant Status: Alumni
Year Awarded: 2012
State: North Carolina

North Carolina State University Suicide Prevention Program will focus on the needs of the following special populations: students in sororities and fraternities, military family members and veterans, lesbian, gay, bisexual or transgender (LGBT) youth and American Indian/Alaska Native (AI/AN) youth at NC State. NC State undergraduates also comprise an age group that is at high-risk of suicide.

Provision of a comprehensive array of suicide education and prevention programs will address suicidal behavior, risk and protective factors of students from at-risk groups. Educational material emphasizes how to reach out to students in distress and where to refer them either on campus or in the local community. Programs shall include: *Question, Persuade, Refer Gatekeeper Training*; the *Suicide Prevention Multicultural Competence Kit*; and *At-Risk for University Students*. The first two programs target gatekeepers, including student leaders, student members of at-risk groups, and faculty and staff that work directly with students. QPR training will be offered to approximately 300 students per semester each academic year. The *SPMC Kit* presentation targets the over 2,000 full-time faculty members of the 65 departments in the university over the first 2 years of funding, and then all incoming faculty and staff working with students. The third program targets those almost 5,000 students incoming to NC State annually for the last 2 years of funding (and thereafter), although the avatar-based online program will be available to all students.

NC State will partner with a variety of community and campus collaborators in support of this program, including the DHHS-Division of Public Health Injury and Violence Prevention Branch (DHHS-IVPB), which was the 2008 State/Tribal Garrett Lee Smith grant recipient. The well-established University Counseling Center, Risk Management Case Manager, and Department of Social Work play central roles in support of this endeavor. The overall goal of the proposed project is a university culture and climate that encourages outreach and help-seeking behaviors and discourages prejudice and stigma, in order to achieve a long-term reduction in complete suicides and suicide attempts.

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