Weber State University

Grant Type: Garrett Lee Smith Campus
Grant Status: Active
Year Awarded: 2019
State: Utah

To better meet the mental health needs of our students, Weber State University (WSU) in Ogden, Utah is proposing a new peer support program, titled Wildcat Support Network (WSN). The program will train peers to facilitate evidence-based support groups that will address our ability to better identify students at risk, increase help seeking behaviors, help students develop life skills, and increase social connectedness. We expect the expanded capacity WSN will provide will afford significantly lower rates of suicide and suicide ideation.