Healthy development in youth

Healthy mental, emotional and behavioral development are protective against suicide. The publication of *Preventing Mental, Emotional and Behavioral Disorders among Young People: Progress and Possibilities* made a strong research-based case for supporting mental, emotional, and behavioral (MEB) interventions in 2009. In the ten years since, a growing body of research has significantly strengthened understanding of healthy MEB development, factors that influence it, and how it can be fostered. This report discusses MEB influences in several environments; strategies to address MEB in homes, schools, healthcare and policy domains; and guidelines for implementation.