



Resources to Support Mental Health and Coping with the Coronavirus (COVID-19)

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Looking for information on mental health and coping with the effects of COVID-19? Check out our [compilation](#) [1] of resources for the general public, parents and caregivers, mental health professionals, community leaders, and tribal populations. We will be updating this list as new resources become available and encourage you to use and share it widely. Please note recently added resource lists from our partners at the bottom of the page.

Links within this resource

[1] <http://www.sprc.org/covid19>

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