Kids’ Mental Health Can Struggle During Online School. Here’s How Teachers Are Planning Ahead.

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USA Today [1]

As many schools start the year remotely, some are making social and emotional learning a priority. Adjusting to online school is only one of the many challenges students may face during COVID-19. To help them cope, some schools are planning to offer skill building in emotion regulation, conflict resolution, and goal-setting. Research suggests these skills can set kids up for academic success, and experts say they can help students feel more engaged and connected in an online learning environment. "We’re talking about fostering an inclusive environment and caring relationships that elevate student voice and agency,” said Justina Schlund, director of field learning for the nonprofit Collaborative for Academic, Social, and Emotional Learning. "They can contribute to their own learning, but also contribute to their school and their community.”

Spark Extra! Watch a webinar on social and emotional learning [2].

Links within this resource

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