In Nebraska, suicide is the 1st leading cause of death for ages 10 - 14 years & 2nd leading cause of death for ages 15 - 24 years (Centers for Disease Control & Prevention, 2014).  


Nebraska youth report increased sadness, thoughts of suicide, and suicide attempts. (Youth Risk Behavior Survey, 2013 & 2015)
Nebraska Youth Suicide Prevention Project

The Nebraska Youth Suicide Prevention Project is funded by a five-year grant from the US Department of Health & Human Services, Substance Abuse & Mental Health Administration (SAMHSA) from 2014-2019. Project partners are working to decrease the suicide rate among young people in Nebraska. The project goals are:

1. Prevent youth suicides in Nebraska.
2. Ensure standardized screening protocols are in place for youth at risk for suicide in child-serving systems.
3. Implement culturally-appropriate suicide prevention strategies in Nebraska communities.

Project Partners:
Nebraska Children & Families Foundation
Nebraska Department of Education
Nebraska Department of Health & Human Services, Division of Behavioral Health
Nebraska State Suicide Prevention Coalition
Regional Behavioral Health Authorities
University of Nebraska Public Policy Center

For More Information:
http://youthsuicideprevention.nebraska.edu
http://suicideprevention.nebraska.edu
Grant-funded results are reported using the framework from Nebraska's state suicide prevention plan:

### Year 1 Project Impact

#### Treatment & support services

- **168** high-risk youth screened for suicide risk
- **262** clinicians trained to assess and treat persons at risk

#### Clinical & community preventative services

- **1,564** Gatekeepers trained
- **28,385** School staff trained in youth suicide prevention
- **544,760** Nebraskans can be supported by a LOSS Team (Local Outreach to Suicide Survivors)

#### Healthy & empowered individuals, families, & communities

- **266,564** Nebraskans reached with suicide prevention awareness messages

#### Regions are developing strategies, including:

- Gatekeeper training
- LifeLine dissemination
- Needs Assessment
- Outreach
- Postvention
- Wellness Recovery Action Plans
- Youth leadership
There is help. There is hope.

If you need to talk to someone right now, call the National Suicide Prevention Lifeline 1-800-273-TALK (8255)

To learn more about Nebraska’s Plan to prevent suicide, visit: Youthsuicideprevention.nebraska.edu

Get Involved:

For more information, visit: Suicideprevention.nebraska.edu Youthsuicideprevention.nebraska.edu

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